

SCIENTIFIC PROGRAMME
8th "Diabetes Complications" Conference & Grand Rounds
May 6 - 8, 2016

DAY 1 – MAY 6, 2016 (FRIDAY)

0700 – 0815 **REGISTRATION**

0815 – 0900 **PLENARY 1**

Chairman : Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute*
HYPOGLYCAEMIA IN DIABETES: MORBIDITY, PREVENTION AND CARE
 Speaker : Professor Stephen M. Twigg, *AUSTRALIA*

0900 – 0945 **PLENARY 2**

Chairman : Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia*
GUIDELINES FOR THE MANAGEMENT OF DIABETIC FOOT ULCERS IN GENERAL PRACTICE
 Speaker : Associate Professor Abdul Aziz Mohamed Nather, *SINGAPORE*

0945 – 1015 **COFFEE BREAK**

1015 – 1215 ***Concurrent Main Symposium 1***

MAIN SYMPOSIUM 1A

THEME : RECENT ADVANCES

Chairman: Datuk Dr. Mohamed Badrulnizam Long Bidin, *Kuala Lumpur Hospital*

- i) **On the Forefront of Managing Diabetic Retinopathy - Diagnostic and Treatment Advances**
 Professor Mae-Lynn Catherine Bastion, *Universiti Kebangsaan Malaysia Medical Centre*
- ii) **Stem Cells for Complications of Diabetes**
 Associate Professor Hanafiah Harunarashid, *Universiti Kebangsaan Malaysia Medical Centre*
- iii) **Surgical Debridement for Diabetic Foot Ulcers**
 Associate Professor Abdul Aziz Mohamed Nather, *SINGAPORE*
- iv) **Panel Discussion**

MAIN SYMPOSIUM 1B

THEME : ADDRESSING RISK FACTORS TO MACROVASCULAR COMPLICATIONS

Chairman: Associate Professor Norlaila Mustafa, *Universiti Kebangsaan Malaysia Medical Centre*

- i) **BP Control: Drug Choice and Consensus BP Levels**
 Professor Abdul Rashid Abdul Rahman, *Malaysian Institute for Graduates & Higher Training*
- ii) **The Role of Anti Platelet Therapy in Diabetes**
 Dr. Vijay Ananda Paramasvaran, *Pantai Hospital Kuala Lumpur*
- iii) **Inflammation: Enough Evidence to Treat?**
 Professor Stephen M. Twigg, *AUSTRALIA*
- iv) *Sponsored by Servier Malaysia Sdn Bhd*
ACE-I or ARB for Hypertensives - Does It Matter?
 Dr. Azani Mohamed Daud, *Gleneagles Intan Medical Centre*
- v) **Panel Discussion**

MAIN SYMPOSIUM 1C

THEME : DIABETIC NEUROPATHY

Chairman: Dr. G. R. Letchuman, *Raja Permaisuri Bainun Hospital*

- i) **Diabetic Neuropathic Arthropathy**
 Dato' Dr. Zamyn Zuki Tan Sri Dato' Hj. Mohd Zuki, *Sungai Buloh Hospital*

- ii) **Diabetic Peripheral Neuropathy: Current and Novel Therapeutic Approaches**
Dr. Ruby T. Go, *PHILIPPINES*

- iii) *Sponsored by Eisai Malaysia Sdn Bhd*
Methylcobalamin: Established, for (Diabetic) Neuropathy
Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute*

- iv) **Panel Discussion**

1215 - 1315

LUNCH SYMPOSIUM 1

Sponsored by Servier Malaysia Sdn Bhd

- Chairman : Associate Professor Norlaila Mustafa, *Universiti Kebangsaan Malaysia Medical centre*
MANAGING DIABETES DURING RAMADHAN: IS THERE A PREFERRED SULPHONYLUREA?
Speaker : Dr. Wan Mohd Izani Wan Mohamed, *Universiti Sains Malaysia Hospital*

1315 - 1400

LUNCH

1400 - 1530

Concurrent Main Symposium 2

MAIN SYMPOSIUM 2A

THEME : ALTERNATIVE THERAPY FOR DIABETIC ULCERS: LOCAL EXPERIENCE

Chairman: Dato' Dr. Zamyn Zuki Tan Sri Dato' Hj. Mohd Zuki, *Sungai Buloh Hospital*

- i) **Alternative Therapy for Diabetic Ulcers: Anodyne Therapy System**
Dato' Dr. Santha Kumari, *Tengku Ampuan Rahimah Hospital*
- ii) **Hyperbaric Oxygen Therapy - Adjunctive Treatment of Diabetic Ulcers**
Col (Dr.) Andrew Ng Wei Aun, *Institute of Underwater & Hyperbaric Medicine*
- iii) **Natural Honey Therapy**
Associate Professor Abdul Nawfar Sadagatullah, *Universiti Sains Malaysia Hospital*
- iv) **Panel Discussion**

MAIN SYMPOSIUM 2B

THEME : HEART FAILURE IN DIABETICS

Chairman: Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital*

- i) **Diabetes with Heart Failure: Common, Under-diagnosed**
Professor Stephen M. Twigg, *AUSTRALIA*
- ii) **Diastolic or Systolic Dysfunction: Does It Matter in Management?**
Professor Imran Zainal Abidin, *University Malaya Medical Centre*
- iii) **Diabetics with Heart Failure: Choice of Drugs**
Associate Professor Sazzli Kasim, *MARA University of Technology*
- iv) **Panel Discussion**

MAIN SYMPOSIUM 2C

THEME : ORAL CAVITY AND GUT MANIFESTATIONS OF DIABETES

Chairman: Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute*

- i) **Investigating and Treating Diabetic Diarrhoea**
Associate Professor Rohana Abdul Ghani, *MARA University of Technology*
- ii) **Gut Hormone Changes in Type 2 Diabetes: Implications for Treatment**
Dr. Siti Harnida Md. Isa, *Sunway Medical Centre*
- iii) **Oral Implications of Diabetes**
Professor Dato' Zainal Ariff Abdul Rahman, *University Malaya Medical Centre*
- iv) **Panel Discussion**

1530 - 1600

TEA BREAK

1600 - 1730 **Concurrent Breakup Sessions**

WORKSHOP 1

WOUND CARE AND DRESSING FOR GPs

Facilitator: Matron Ng Mooi Eng, *University Malaya Medical Centre*

GRAND ROUND 1

Chairman: Dato' Dr. Zaki Morad Mohamad Zaher, *KPJ Ampang Puteri Specialist Hospital*

CONTRAST-INDUCED AKI IN A 65-YEAR OLD PATIENT WITH LONG-STANDING DIABETES

Presenter: Dr. Sunita Bavanandan, *Kuala Lumpur Hospital*

Panel 1: Dr. Goh Bak Leong, *Serdang Hospital*

Sub-topic: Kidney Changes in Diabetic Nephropathy

Panel 2: Dr. Josephine Rosalind Subramaniam, *Pantai Hospital Kuala Lumpur*

Sub-topic: Contrast Agents in Radiology

Panel 3: Dr. Wong Ming, *Sunway Medical Centre*

Sub-topic: Minimising AKI in Diabetics

GRAND ROUND 2

Chairman: Dr. Janet Hong Yeow Hua, *Putrajaya Hospital*

12-YEAR OLD TYPE 1 WITH FREQUENT HYPOS AND HYPERS (PAEDIATRIC EMERGENCY CASE)

Presenter: Dr. Azriyanti Anuar Zaini, *University Malaya Medical Centre*

Panel 1: Associate Professor Muhammad Yazid Jalaludin, *University Malaya Medical Centre*

Sub-topic: Reasons for Brittleness in Control

Panel 2: Professor A. Samad Shera, *PAKISTAN*

Panel 3: Associate Professor Rahmah Rasat, *Universiti Kebangsaan Malaysia Medical Centre*

Sub-topic: Consequences of Brittle Diabetes and Management Strategies

**** END OF DAY 1 ****

DAY 2 – MAY 7, 2016 (SATURDAY)

0730 – 0815 **REGISTRATION**

0815 – 0900 **PLENARY 3**

Chairman : Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia*

NON-ALCOHOLIC FATTY LIVER DISEASE: A TARGET FOR TREATMENT IN DIABETES

Speaker : Dr. Ruby T. Go, *PHILIPPINES*

0900 – 0945 **PLENARY 4**

Chairman : Dr. G. R. Letchuman, *Raja Permaisuri Bainun Hospital*

PREVENTION OF DIABETIC FOOT ULCERS

Speaker : Associate Professor Abdul Aziz Mohamed Nather, *SINGAPORE*

0945 - 1015 **COFFEE BREAK**

1015 - 1215 **Concurrent Main Symposium 3**

MAIN SYMPOSIUM 3A

THEME: ISCHAEMIC HEART DISEASE IN PEOPLE WITH DIABETES

Chairman: Datuk Dr. Mohamed Badrulnizam Long Bidin, *Kuala Lumpur Hospital*

- i) **Practical Strategies in Minimising CV Complications**
Professor Datuk Wan Azman Wan Ahmad, *University Malaya Medical Centre*
- ii) **When and How to Assess IHD in Diabetics**
Dr. Ramesh Singh Arjan Singh, *University Malaya Medical Centre*

- iii) **Therapy of IHD in Diabetics (Medical, PCI or CABG?). Factors to Consider**
Dato' Dr. David Chew Soon Ping, *National Heart Institute*
- iv) **Panel Discussion**

MAIN SYMPOSIUM 3B

THEME: MANAGING DIABETIC RETINOPATHY

Chairman: Associate Professor Mimiwati Zahari, *University Malaya Medical Centre*

- i) **Clinical Features and Early Diagnosis of Diabetic Retinopathy**
Dr. Shelina Oli Mohamed, *Selayang Hospital*
- ii) **Assessment of Diabetic Eye Diseases: Imaging and Biomarkers**
Dr. Nor Fariza Ngah, *Selayang Hospital*
- iii) **Diabetic Macular Oedema: Urgent Diagnosis and Treatment**
Professor Mae-Lynn Catherine Bastion, *Universiti Kebangsaan Malaysia Medical Centre*
- iv) *Sponsored by Pfizer (Malaysia) Sdn Bhd*
Glaucoma and Diabetes: What's the Correlation?
Datin Dr. Thayanihi K. Sandragasu, *Kuala Lumpur Hospital*
- v) **Panel Discussion**

MAIN SYMPOSIUM 3C

THEME : METABOLIC SYNDROME

Chairman: Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia*

- i) **MS: Prevalence and Patterns in Malaysia**
Dr. Zanariah Hussein, *Putrajaya Hospital*
- ii) **Diagnosis of MS: Which Criteria to Use for Asians?**
Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital*
- iii) **The Clinical Significance of Metabolic Syndrome**
Associate Professor Norlaila Mustafa, *Universiti Kebangsaan Malaysia Medical Centre*
- iv) **Panel Discussion**

1215 - 1315

LUNCH SYMPOSIUM 2

Sponsored by Abbott Laboratories (M) Sdn Bhd

Chairman : Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital*

THE ROLE OF FENOFIBRATE IN MACROVASCULAR AND MICROVASCULAR COMPLICATIONS IN TYPE 2 DIABETES PATIENTS

Speaker : Dr. Zanariah Hussein, *Putrajaya Hospital*

1315 - 1400

LUNCH

1400 – 1530

Concurrent Main Symposium 4

MAIN SYMPOSIUM 4A

THEME : THE ISCHAEMIC LEGS

Chairman: Dr. Zainal Ariffin Azizi, *Kuala Lumpur Hospital*

- i) **The Diagnosis of Ischaemic Foot - A Disasterous Outcome if Missed**
Dato' Dr. Ho Teik Kok, *KPJ Damansara Specialist Hospital*
- ii) **Preventing Complications of PVD in Diabetics**
Dr. Hanif Hussein, *Kuala Lumpur Hospital*
- iii) **Vascular Interventions of Peripheral Vascular Disease**
Associate Professor Hanafiah Harunarashid, *Universiti Kebangsaan Malaysia Medical Centre*
- iv) **Panel Discussion**

MAIN SYMPOSIUM 4B

THEME : KIDNEY DISEASES IN DIABETICS

Chairman: Dato' Dr. Zaki Morad Mohamad Zaher, *KPJ Ampang Puteri Specialist Hospital*

- i) **Glycaemic Control in Stage 3-4 CKD: Choice of Drugs and Targets**
Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital*
- ii) **Protecting the Kidneys in Diabetics: Lessons from Randomised Controlled Trials**
Associate Professor Ng Kok Peng, *University Malaya Medical Centre*
- iii) **Should Albuminuria Be Treated?**
Professor A. Samad Shera, *PAKISTAN*
- iv) **Panel Discussion**

MAIN SYMPOSIUM 4C

THEME : DIABETES AND THE BRAIN

Chairman: Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia*

- i) **Brain Changes in People with Diabetes: Clinical Implications**
Associate Professor Rohana Abdul Ghani, *MARA University of Technology*
- ii) **Depression: Complication of Diabetes?**
Professor Ahmad Hatim Sulaiman, *University Malaya Medical Centre*
- iii) **Alzheimer's Disease: A Type 3 Diabetes?**
Dr. G. R. Letchuman, *Raja Permaisuri Bainun Hospital*
- iv) **Panel Discussion**

1530 – 1600

TEA BREAK

1600 – 1730

Concurrent Breakup Sessions

WORKSHOP 2

ASSESSMENT AND SELF-CARE OF DIABETIC PERIPHERAL NEUROPATHY

Facilitator: Professor A. Samad Shera, *PAKISTAN*

GRAND ROUND 3

Chairman: Associate Professor Sazzli Kasim, *MARA University of Technology*

A 42-YEAR OLD OBESE, HYPERTENSIVE, DYSLIPIDAEMIA TYPE 2 DIABETIC WITH ASYMPTOMATIC ISCHAEMIA HEART DISEASE (CHANGES ON ROUTINE ECG)

Presenter: Dr. Wan Mohd Izani Wan Mohamed, *Universiti Sains Malaysia Hospital*

Panel 1: Professor Stephen M. Twigg, *AUSTRALIA*

Panel 2: Professor Abdul Rashid Abdul Rahman, *Malaysian Institute for Graduates & Higher Training*
Sub-topic: Optimising Hypertension Control in Diabetics

Panel 3: Professor Imran Zainal Abidin, *University Malaya Medical Centre*
Sub-topic: Optimising Dyslipidaemia to Reduce CVD

GRAND ROUND 4

Chairman: Dr. Zanariah Hussein, *Putrajaya Hospital*

A TYPE 2 PERSON WITH POORLY-CONTROLLED DIABETES (OCCULT INFECTION)

Presenter: Dr. Norhayati Yahaya, *Raja Perempuan Zainab II Hospital*

Panel 1: Dr. Ruby T. Go, *PHILIPPINES*

Panel 2: Dr. Vijay Ananda Paramasvaran, *Pantai Hospital Kuala Lumpur*
Sub-topic: Reasons for Poor Control of Diabetes

Panel 3: Datin Dr. Farida Fatema @ Farida Jamal
Sub-topic: Occult Infections in Diabetics

**** END OF DAY 2 ****

DAY – MAY 8, 2016 (SUNDAY)0730 – 0815 **REGISTRATION**0815 – 0900 **PLENARY 5**

Chairman : Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia*
CURRENT AND FUTURE TREATMENT TARGETS OF DIABETIC COMPLICATIONS
 Speaker : Professor A. Samad Shera, *PAKISTAN*

0900 – 0945 **PLENARY 6**

Chairman : Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute*
CARDIAC COMPLICATIONS OF DIABETES IN MALAYSIA
 Speaker : Tan Sri Dato' Seri Dr. Robaayah Zambahari, *National Heart Institute*

0945 – 1015 **COFFEE BREAK**1015 – 1215 **Concurrent Main Symposium 5****MAIN SYMPOSIUM 5A****THEME : COMPLEMENTARY AND ALTERNATIVE THERAPIES**Chairman: Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital*

- i) **Homeopathy in Managing Diabetes**
Dr. Faisal Mohammed Hanif Girach, *Cyberjaya University College of Medical Sciences*
- ii) **Yoga for The Management of Diabetes**
Yoga Master Mr. Manisekaran, *Malaysian Yoga Society*
- iii) **Nutritional Challenges in Patients with Dual Conditions of Chronic Kidney Disease and Diabetes**
Professor Winnie Chee Siew Swee, *International Medical University*
- iv) Panel Discussion

MAIN SYMPOSIUM 5B**THEME : INFECTIONS IN DIABETICS**Chairman: Professor Dato' Ikram Shah Ismail, *University Malaya Medical Centre*

- i) **Tuberculosis and Diabetes: An Unholy Alliance**
Professor Datuk Aziah Ahmad Mahayiddin, *Institute of Respiratory Medicine*
- ii) **Melioidosis: The Need for Effective Diagnosis and Treatment**
Datin Dr. Farida Fatema @ Farida Jamal
- iii) **Infections and Other Skin Changes in Diabetics**
Professor Rokiah Che Ismail, *University Malaya Medical Centre*
- iv) Panel Discussion

1215 - 1315 **Concurrent Plenary 7****PLENARY 7A**

Chairman : Professor Dato' Ikram Shah Ismail, *University Malaya Medical Centre*
EARLY AND AGGRESSIVE TREATMENT OF CVD RISK FACTORS IN T2DM
 Speaker : Dato' Dr. David Chew Soon Ping, *National Heart Institute*

PLENARY 7B

Chairman : Dr. G. R. Letchuman, *Raja Permaisuri Bainun Hospital*
MODERN DRESSING AND WOUND MANAGEMENT
 Speaker : Dr. Harikrishna K. Ragavan Nair, *Kuala Lumpur Hospital*

1315 – 1415 **LUNCH****** END OF CONFERENCE & GRAND ROUNDS ****