

PROFESSOR LUC VAN GAAL (BELGIUM)

Luc Van Gaal studied medicine at the University of Antwerp, where he graduated in 1978. He obtained a specialist degree in internal medicine and afterwards in endocrinology and metabolism in 1983. Since then, he has become responsible for the Metabolic Unit at Antwerp University Hospital. In 1992 he became Professor of Medicine at Antwerp University and is currently head of the Department of Endocrinology, Diabetology and Metabolism at the University Hospital.

Professor Van Gaal's main clinical and research interests are related to obesity, type 2 diabetes and lipid metabolism. He is a member of many scientific, national and international societies and a member of the Editorial Board of a series of scientific journals. He is board member of the Belgian Association for the Study of Obesity (BASO) and Past-President of the Belgian Diabetic Society. He is, as a founding member, also involved in the scientific activities of the Obesitas Forum (Belgium) and the International (IASO) SCOPE program. He is the running secretary of the Belgian Endocrine Society and, in May 2000, he was the Co-President of the 10th European Congress on Obesity, organized in Antwerp. He participated in and/or featured as (country) coordinator or principal investigator in a number of clinical (outcome) trials in the field of obesity and diabetes. He is also involved in a number of EU consortia for metabolic diseases.

Professor Van Gaal has published more than 220 papers in international medical journals, mainly in the areas of general endocrinology, obesity, diabetes and lipids, and has contributed to a number of textbooks about obesity.



PROFESSOR MORSI ARAB (EGYPT)

- Emeritus Professor and Former Head of Department of Medicine, University of Alexandria;
- Hon. President, and Founder of The Egyptian Diabetes Association;
- Former Vice-President and Former Chair MENA Region, International Diabetes Federation;
- Founder of and Leaderships of The Mediterranean ,The Arab , The Pan-African and Diabetes of Asia Multinational Study Groups;
- Main lines in Clinical and Scientific Research in Diabetes: Epidemiology, Education and Socio-Economic Studies;
- Hon. posts at Guy's Hospital Medical School (London, UK), and University of Illinois (Chicago, USA);
- Author of several books in Medicine, history of Medicine and coauthor in International TB of Diabetes;
- hundreds of publications in Egyptian and international periodicals;
- Recipient of Honours: IDF Award for Outstanding Services 2009.

IDF Global Award 2014

• Member of The Union of Egyptian Writers, Founder of The Morsi Arab Humanitarian and Cultural Values Promotion Organization.



PROFESSOR BILAL YOUNIS (PAKISTAN)

Professor Bilal Younis is currently working as Professor of Medicine at the Shalamar Medical & Dental College in Lahore. He is Head of the Sakina Institute of Diabetes and Endocrine Research (SiDER) at Shalamar Hospital, and Medical Director of the Shalamar Institute of Health Sciences. After graduating from Allama Iqbal Medical College in Lahore (University of the Punjab) he completed his MRCP from the UK and was later awarded fellowship from the Royal College of Physicians in London and Edinburgh. He is a member of the Diabetes Association of Pakistan and the Punjab representative of the Working Group for the Diabetic Foot. His special field of interest is diabetes and endocrinology. He has twelve national and international publications to his credit and has attended and presented numerous papers at several national and international conferences. Professor Younis has also arranged and conducted workshops for primary care physicians at several forums. He is a certified trainer for the International Diabetes Centre in Minneapolis, USA, which regularly conducts courses in Pakistan.



PROFESSOR CHRISTOPHER NOLAN (AUSTRALIA)

Christopher Nolan is the Director of Diabetes Services in the Australian Capital Territory and Professor of Endocrinology at the Australian National University Medical School. He completed his training in Medicine (1983) and Endocrinology (1991) in Melbourne. He received his doctoral degree from the University of Melbourne on glucose metabolism and insulin action in pregnancy under the supervision of Joe Proietto (1998). He received further training in islet β -cell research at the University of Montreal under supervision of Marc Prentki (2002-4). His main research interests include mechanisms of islet beta-cell failure in type 1 and type 2 diabetes, pharmacological treatment of type 2 diabetes, and the pathophysiology and management of diabetes in pregnancy.

Topics of interest:

Islet biology

- including mechanisms of nutrient-induced insulin secretion
- mechanisms of islet beta-cell failure in type 1 and type 2 diabetes
 Pathophysiology of type 2 diabetes

Management of glycaemia in type 2 diabetes

- Pharmacological approaches
- Clinical trials

Diabetes in pregnancy

- Placenta research
- Pathophysiology of management of gestational diabetes
- Management of type 1 and type 2 diabetes in pregnancy



PROFESSOR NIHAL THOMAS (INDIA)

His area of interest is diabetes in rural areas, the basic science of low birth weight as a cause for diabetes, diabetes educational techniques and possesses state of the art facilities for hyperinsulinemic euglycaemic clamp studies, indirect caloriemetry and NMR spectroscopy and has published significantly in this field and also in the area of general endocrinology. He has initiated a World Diabetes Foundation project to train and equip 130 hospitals in rural India which has resulted in a sustainable training programme for doctors and educators. He has initiated the endocrine genetic laboratory and the institutional videoconferencing unit at CMC, Vellore.

He is a co-principle investigator on the 42 year old Vellore birth cohort.

He has more than 110 indexed publications including several areas of endocrinology and diabetes and two books; He is a reviewer in more than 20 international journals and of the editorial board of the journal: "Clinical Endocrinology".

He has received grants to support research and outreach programmes from international and national agencies up to 220 million rupees (US\$4.0million), and is the recipient of the Yedanapalli research award for the year 2009, the INCLEN young investigator of the year award 2004.

He has given several orations and talks, including one to the US Congress. He is guide for Phd under the MGR medical university, Phd co-guide in Karolinska, Sweden, inspector for the national board and examiner for the higher specialty examinations endocrinology. He is a grant reviewer for the Indian Council of Medical Research and the Department of Science and Technology, and on the Board of studies for research for the Dr MGR Medical University.

He has run more than 30 multinational and in house designed clinical trials in Diabetes Mellitus. He was the organizing secretary of the Endocrine society meeting of India in Vellore in 2010 and was a member of the Executive committee of the Endocrine Society of India. He has active research networks with several overseas universities which include Oxford, Copenhagen, Albert Einstein (New York), Monash and Karolinska Universities.



PROFESSOR PHILIP HOME (UK)

Professor Philip Home Philip Home trained in medicine at Oxford University and Guy's Hospital, coming under the influence of Harry Keen, and thus gravitating into diabetes research. Continuing this research career in Newcastle upon Tyne, initially under the guidance of George Alberti, he has published over 390 papers, books and reviews on aspects of diabetes, from basic studies on metabolism to RCTs of new therapies, and aspects of the organization and delivery of diabetes health-care.

In Newcastle he is Professor of Diabetes Medicine, and practised in diabetes care and disorders of lipid metabolism at the Newcastle Diabetes Centre and at the Newcastle Hospitals until end 2011.

A background in pharmacology and medicine led to appointment to the external panel of the Committee of Safety of Medicines (UK) and later the MHRA, and subsequently to membership/Vice-chairman of the Appraisal Committee of the National Institute for Clinical Excellence (UK) (2000-2011). He has given evidence at Federal Drugs Administration (USA) hearings and advised EMA on diabetes medication regulation.

Particular research interests have been of the disturbances of metabolism found in people with controlled diabetes, especially in relation to insulin therapy, and in the optimal design and implementation of insulin regimens using new and conventional insulin preparations, and the development and use of other new medications. In these areas Philip Home is consultant to many of the major international pharmaceutical companies, on behalf of the University of Newcastle upon Tyne. A publication list is available on his website.

An interest in editorial work lead to Professor Home becoming Editor of Diabetic Medicine. He has also been involved in editorial boards and advice to many other international diabetes journals, including being Editor-in-chief of IDFs Diabetes Voice. An interest in information technology and quality of care initiatives lead to a major role in developing international evidence-based clinical guidelines, datasets for diabetes care, and in software development for diabetes services. These interests lead to a core role in some of the European St Vincent Declaration initiatives, and subsequently to becoming Chairman of the International Diabetes Federation (Europe), and of the WHO/IDF St Vincent Executive in Europe. Subsequently Professor Home was a Vice-President of the IDF and a member of its Executive, and founder Chair of Clinical Guidelines Task Force. In 2009 he was Programme Chair for the IDF World Diabetes Congress in Montreal.

In the UK Philip Home has been Chairman of the Joint Royal College of Physicians/Specialist Societies' Endocrinology and Diabetes Committee, and was Senior Scientific Advisor to the UK Type 2 Diabetes guidelines Initiative, having been Senior Clinical Advisor to the NICE Type 1 Diabetes Guidelines Development Group.

Internationally Professor Home has assisted in diabetes developments in many countries, including the states of Central Asia, Kuwait (at the invitation of the government and WHO) and other countries in connection with national diabetes programmes, and been involved in teaching and/or diabetes care provision in countries as diverse as China, Paraguay, Malta, Russia, India, Indonesia, Pakistan, and Australia.



PROFESSOR RONALD CHING WAN MA (HONG KONG)

Dr Ronald Ching Wan Ma is Professor at the Department of Medicine and Therapeutics, Chinese University of Hong Kong, and a specialist in Endocrinology, Metabolism and Diabetes, at the Prince of Wales Hospital, Hong Kong. He is a Past President of Diabetes Hongkong, a charitable voluntary organization dedicated to promote social awareness of diabetes and serve diabetic patients.

Dr Ma completed his medical training at the University of Cambridge, United Kingdom, and trained in Internal Medicine in London. He subsequently returned to Hong Kong, where he completed his endocrinology fellowship training. Following his endocrine fellowship training, he was awarded a Croucher Foundation Fellowship and furthered his research interest in the area of diabetic complications at the Joslin Diabetes Center, Harvard Medical School.

In the course of his research, Dr Ma has published over 200 research articles in international peer-reviewed journals including Nature, Nature Genetics, the Lancet, Lancet Diabetes and Endocrinology, JAMA, PLoS Medicine, Diabetes and authored 10 book chapters. His research focuses on the epidemiology and genetics of diabetes and its complications, and in the discovery of novel biomarkers for predicting diabetes and diabetic complications in the Chinese population. His group was the first to identify a genetic variant near the PAX4 gene as a novel predictor of type 2 diabetes in Chinese and other Asian populations.

For Dr Ma's contribution to both research and the community at large, he has been recognized through various awards, including the Young Investigator Award from the Hong Kong College of Physicians (2008), Young Investigator Award from the International Diabetes Epidemiology Group (2009), Ten Outstanding Young Persons Award (2009), the Albert Renold Fellowship from the European Association for the Study of Diabetes (2010), the Research Excellence Award (2011) and the Outstanding Fellowship, Faculty of Medicine (2014) from the Chinese University of Hong Kong.

Current work

Team leader for the Applied Genomics and Bioinformatics Centre of the Hong Kong Institute of Diabetes and Obesity, Chinese University of Hong Kong. His team focuses on translational research on genomics of diabetes and diabetic complications. Co-investigator of NIH-funded Global Diabetes Consortium to identify causal genetic variants for type 2 diabetes across major ethnic groups with ongoing collaborations with several groups in Asia and outside of Asia on Genetics of Diabetes. His group is conducting long-term follow-up of offspring exposed to gestational diabetes and is supported by the European Foundation for the Study of Diabetes (EFSD) to conduct research on gestational diabetes and epigenetics. He is currently leading a multi-disciplinary project team funded by the Theme-based Research Scheme to identify genetic and epigenetic markers for diabetic complications, and to establish a multi-centre prospective cohort and biobank of patients with type 2 diabetes.

Dr Ma is serving as the President of the International Diabetes Epidemiology Group (IDEG), a board member of the Asian Association for the Study of Diabetes (AASD), and is on the World Health Organization (WHO) Ad hoc Working group on the Science and Evidence of Childhood Obesity.



PROF RONAN ROUSSEL (FRANCE)

Dr. Roussel graduated from Ecole Polytechnique as an engineer, received his medical degree from Paris University (Paris XI), and served his internship in medicine at Assistance Publique-Hôpitaux de Paris Hospitals. He subsequently completed fellowships in endocrinology and diabetology, at University of Paris (Paris Diderot) and Bichat Hospital. He was appointed to the faculty of the Department of Diabetology Endocrinology Nutrition at Paris University in 2006 as an Assistant-Professor, and in 2010 as a Professor. He is currently the Assistant of Prof. Michel Marre, the Chief of the Division of Endocrinology, Diabetes and Nutrition in Bichat Hospital.

Dr. Roussel has published over 130 articles. His research has focused on the determinants of the vascular complications in diabetes and nutritional disorders, especially in diabetic nephropathy and macrovascular diseases, on new therapeutic approaches, and on the evaluation of available treatments regarding new aspects of their efficacy and safety. He has been invited to give lectures in international conferences, including the American Diabetes Association scientific sessions. He is the head of the INSERM research team "Pathophysiology and therapeutics of vascular and renal diseases related to diabetes and nutrition" in the Cordeliers Research Center in Paris, France.

Dr. Roussel is a Co-Founder of the Inter-University Diploma for Diabetes Care, Universities of Paris Diderot and Paris Descartes.



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Present Position:	Medical Staff and Consultant, Division of Endocrinology and Metabolism, Department of Medicine, Faculty of Medicine, Chulalongkorn University
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Relevant Education:	1981 Bachelor Degree in Medical Science, Mahidol University 1983 M.D. Ramathibodi Hospital, Mahidol University 1990 Board of Internal Medicine, Chulalongkorn University 1993 Certificate of Trainingship in Endocrinology and Metabolism, The Diabetes Institutes, Eastern Virginia Medical School, Norfolk, Virginia, USA. 1995 Certificate of Trainingship in Endocrinology and Metabolism, University of Massachusetts Medical Center, Worcester, Massachusetts, USA. 1996 Board of Endocrinology and Metabolism, Thai Medical Council 2002 Master Degree in Clinical Epidemiology
Relevant Job Related Training:	1977-1981 Medical Science, Mahidol University, Bangkok, Thailand. 1977-1983 Medical Student, Ramathibodi Hospital, Mahidol University. 1983-1985 Internship, Ramathibodi Hospital, Mahidol University, Thailand.

	1987-1990 Residency training in Internal Medicine, Chulalongkorn University Hospital,
	Bangkok, Thailand.
	1990-1991 Fellowship training in Endocrinology and Metabolism, Chulalongkorn
	University Hospital, Bangkok, Thailand.
	1991-1993 Research Fellow in Endocrinology and Metabolism, The Diabetes
	Institutes, Eastern Virginia Medical School, Norfolk, Virginia, USA.
	1993-1995 Clinical research Fellow in Endocrinology and Metabolism, University of
	Massachusetts Medical Center, Worcester, Massachusetts, USA.
Relevant Clinical Trial and	20 Oct 2001: GCP training, Novo Nordisk Asia Pacific Pte. Ltd.
Research Experience	9 Dec 2003: EDC training, Novo Nordisk Pharma (Thailand) Ltd.
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Publications	1.Normal reference range of serum insulin-like growth factor (IGF)-I in healthy Thai adults. Plengpanich W, Mangkala J, Buranasukajorn P, Boonruang K, Sunthornyothin S, Suwanwalaikorn S, Khovidhunkit W, Sridama V, and Snabboon T Journal of the Medical Association of Thailand = Chotmaihet thangphaet 91(11):1681-4 2008 Nov
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- 8.Thailand diabetes registry project: type of diabetes, glycemic control and prevalence of microvascular complications in children and adolescents with diabetes. Likitmaskul S, Wacharasindhu S, Rawdaree P, Ngarmukos C, Deerochanawong C, Suwanwalaikorn S, Chetthakul T, Bunnag P, Kosachunhanun N, and Plengvidhaya N Journal of the Medical Association of Thailand 89 Suppl 1:S10-6 2006 Aug
- 9.Thailand diabetes registry project: prevalence of diabetic retinopathy and associated factors in type 1 diabetes mellitus. Chetthakul T, Likitmaskul S, Plengvidhya N, Suwanwalaikorn S, Kosachunhanun N, Deerochanawong C, Krittiyawong S, Leelawatana R, Benjasuratwong Y, and Bunnag P Journal of the Medical Association of Thailand = Chotmaihet thangphaet 89 Suppl 1:S17-26 2006 Aug
- 10. Thailand diabetes registry project: prevalence of diabetic retinopathy and associated factors in type 2 diabetes mellitus. Chetthakul T, Deerochanawong C, Suwanwalaikorn S, Kosachunhanun N, Ngarmukos C, Rawdaree P, Krittiyawong S, Leelawatana R, Bunnag P, and Plengvidhya N Journal of the Medical Association of Thailand = Chotmaihet thangphaet 89 Suppl 1:S27-36 2006 Aug
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	Suwanwalaikorn S, Stansberry KB, Holland MT, McNitt PM, and Colen LE Muscle &
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Other Activities Pertinent to	Member of The Royal College of Physician of Thailand.
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	Member of The Endocrine Society of Thailand.
	Member of Asean Federation of Endocrine Society (AFES).

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