

SCIENTIFIC PROGRAMME
15th CPD: "Diabetes Asia 2016" Conference
October 6-9, 2016

DAY 1 - OCTOBER 6, 2016 (THURSDAY)

0700 – 0815 **REGISTRATION**

0815 – 0900 **PLENARY 1**

Chairman: Emeritus Professor Dato' Mustaffa Embong, *NADI*

FUTURE OPPORTUNITIES FOR GLUCOSE-LOWERING THERAPIES: BARRIERS AND TARGETS

Speaker : Professor Philip Home, *UNITED KINGDOM*

0900 – 0945 **PLENARY 2**

Chairman: Professor Dato' Anuar Zaini Md. Zain, *MUM*

ENDOCRINE DISRUPTION IN OBESITY AND DIABETES: WHAT SHOULD THE CLINICIAN KNOW

Speaker : Professor Luc Van Gaal, *BELGIUM*

0945 – 1015 **COFFEE BREAK**

1015 – 1215 **Concurrent Main Symposium 1**

MAIN SYMPOSIUM 1A

THEME : OPTIMISING CARE FOR PEOPLE WITH DIABETES

Chairman: Datuk Dr. Mohamed Badrulnizam Long Bidin, *HKL*

- i) **Community Support Programmes for People with Diabetes**
Dr. Rosnah Ramly, *MOH*
- ii) **Psychosocial Aspects of DM in Adult Population**
Dr. Amarpreet Kaur Amar Singh, *UMMC*
- iii) **Enhancing Adherence to Diabetes Management: Experience of Diabetes Educator**
Dr. Tan Ming Yeong, *MDES*
- iv) **Panel Discussion**

MAIN SYMPOSIUM 1B

THEME : CURRENT CONTROVERSIES IN DIETARY MANAGEMENT OF DIABETES

Chairman: Ms. Shanaz F. H. Mawji, *RSDHC*

- i) **Restricting Carbs vs Calories - Should One Diet Favour the Other?**
Professor Winnie Chee Siew Swee, *IMU*
- ii) **Nutrition Advice: Food Pyramid or Plate-Portion?**
Ms. Lee Ching Li, *IMU*
- iii) **Low GI or Low GL Foods for People with Diabetes**
Associate Professor Barakatun Nisak Mohd Yusof, *UPM*
- iv) **Panel Discussion**

MAIN SYMPOSIUM 1C

THEME : INSULIN IN T2DM

Chairman: Associate Professor Alexander Tan Tong Boon, *UMMC*

- i) **Insulin Therapy for Type 2: Which, for Whom**
Dr. G. R. Letchuman, *HRPB*
- ii) **Insulin Analogues: Is Newer Better?**
Associate Professor Sompongse Suwanwalaikorn, *THAILAND*
- iii) **The Biosimilar Insulin**
Dr. Tommy S. Ty Willing, *PHILIPPINES*

- iv) **Sponsored by CCM Pharmaceuticals Sdn Bhd**
Biosimilar Glargine - Changing the Diabetes Landscape
 Professor Abdul Hamid Zargar, *INDIA*

- v) **Panel Discussion**

1215 – 1315 **Concurrent Lunch Symposium 1**

LUNCH SYMPOSIUM 1A

Sponsored by Pfizer (Malaysia) Sdn Bhd

Chairman: Dr. Zanariah Hussein, *HPJ*

PAINFUL DIABETIC NEUROPATHY: PAINFUL CONSEQUENCES OF DIABETES

Speaker : Professor Dato' Mafauzy Mohamed, *HUSM*

LUNCH SYMPOSIUM 1B

Sponsored by Abbott Diabetes Care

Chairman: Emeritus Professor Dato' Mustafa Embong, *NADI*

CROSS CONTAMINATION RISKS: CLINICAL IMPLICATIONS AND ITS PREVENTION

Speaker : Dr. Manoj Chawla, *INDIA*

1315 – 1400 **LUNCH**

1400 - 1530 **Concurrent Experts' Case Discussions and Free Paper Presentations**

EXPERTS' CASE DISCUSSION 1

Chairman: Professor Dato' Khalid Haji Yusoff, *UCSI*

INDIVIDUALISING THERAPY FOR T2DM

Presenter: Dr. G. R. Letchuman, *HRPB*

- Panel: i. Associate Professor Sompongse Suwanwalaikorn, *THAILAND*
 ii. Dr. Vijay Ananda Paramasvaran, *PHKL*
 iii. Professor Christopher Nolan, *AUSTRALIA*

EXPERTS' CASE DISCUSSION 2

Chairman: Associate Professor Rohana Abdul Ghani, *UiTM*

AN OBESE PERSON WITH DIABETES

Presenter: Dr. Sri Wahyu Taher, *KKSK*

- Panel: i. Professor Bilal Younis, *PAKISTAN*
 ii. Dr. Ng Ooi Chuan, *UPM*
 iii. Professor Luc Van Gaal, *BELGIUM*

EXPERTS' CASE DISCUSSION 3

Chairman: Datuk Dr. Mohamed Badrulnizam Long Bidin, *HKL*

A NON-COMPLIANT T2DM PATIENT

Presenter: Associate Professor Norlaila Mustafa, *UKMMC*

- Panel: i. Dr. Norhayati Yahaya, *HRPZII*
 ii. Dr. Foo Siew Hui, *HS*
 iii. Emeritus Professor Morsi Arab, *EGYPT*

Free Paper Presentations

(Details refer to 'Abstracts Free Paper Presentation')

1530 – 1600 **TEA BREAK**

1600 – 1645 **PLENARY 3**

Chairman: Dr. G. R. Letchuman, *HRPB*

OMICS STUDIES IN DIABETES AND DIABETIC COMPLICATIONS - WHAT HAVE WE LEARNT FROM THEM?

Speaker : Professor Ronald Ching-Wan Ma, *HONG KONG*

1645 - 1730 **Concurrent Meet the Professor 1**

MEET THE PROFESSOR 1A

Chairman : Professor Dato' Sivalingam Nalliah, *IMU*

MANAGING DIABETES DURING PREGNANCY

Resource Person : Professor Christopher Nolan, *AUSTRALIA*

MEET THE PROFESSOR 1BChairman : Associate Professor Norlaila Mustafa, *UKMMC***INSULIN THERAPY**Resource Person : Professor Philip Home, *UNITED KINGDOM***** END OF DAY 1 ******DAY 2 - OCTOBER 7, 2016 (FRIDAY)**0715 – 0815 **BREAKFAST SYMPOSIUM***Sponsored by Chulia Life Sciences Sdn Bhd*Chairman: *to be confirmed***ULTRASOUND AND ENDOCRINOLOGY - SCANNING THE THYROID GLAND**Speaker : Dr. Steven Skurow, *USA*0815 – 0900 **PLENARY 4**Chairman: Professor Dato' Mafauzy Mohamed, *HUSM***CLINICAL RELEVANCE OF NAFLD/NASH IN PATIENTS WITH TYPE 2 DIABETES**Speaker : Professor Low-Tone Ho, *TAIWAN*0900 - 0945 **SPECIAL LECTURE 1***Sponsored by Cambridge Weight Plan*Chairman: Professor Winnie Chee Siew Swee, *IMU***THE FORMULA FOR DIABETES PREVENTION: EFFECTIVE WEIGHT LOSS TO PREVENT PRE-DIABETES**Speaker: Professor Anthony R. Leeds, *UNITED KINGDOM*0945 – 1015 **COFFEE BREAK**1015 - 1215 **Concurrent Main Symposium 2****MAIN SYMPOSIUM 2A****THEME : NOVEL APPROACHES IN MANAGING DIABETES**Chairman: Professor Norlela Sukor, *UKMMC*

- i) **DKA Evaluation and Treatment**
Dr. Tommy S. Ty Willing, *PHILIPPINES*
- ii) **PCSK9-Inhibitors: A Role in Diabetes?**
Professor Luc Van Gaal, *BELGIUM*
- iii) **Future Therapies for Type 1 Diabetes**
Professor Bilal Younis, *PAKISTAN*
- iv) **Panel Discussion**

MAIN SYMPOSIUM 2B*Sponsored by Meda Healthcare Sdn Bhd***THEME : HEPATO-METABOLIC**Chairman: Associate Professor Alex Leow Hwong Ruey, *UMMC*

- i) **Non-Alcoholic Fatty Liver Disease (NAFLD): Are We Doing Enough?**
Associate Professor Chan Wah Kheong, *UMMC*
- ii) **Insulin Resistance: From the Perspective of the Liver**
Dr. Radhakrishna Sothiratnam, *CAHS*
- iii) **Panel Discussion**

MAIN SYMPOSIUM 2C*Sponsored by sanofi-aventis (Malaysia) Sdn Bhd***THEME : EXPANDING THE HORIZONS OF DIABETES CARE**Chairman: Dr. Vijay Ananda Paramasvaran, *PHKL*

- i) **When It's Time to Intensify: What Are the Options?**
Dr. Lim Siang Chin, *MMC*
- ii) **The Evolution of Basal Insulin: New Insights**
Professor Chan Siew Pheng, *SJMC*

iii) **Panel Discussion**

1215 – 1315 **LUNCH SYMPOSIUM 2**
Sponsored by Pfizer (Malaysia) Sdn Bhd

Chairman: Emeritus Professor Dato' Mustaffa Embong, *NADI*

DIABETES AND IT'S CV COMPLICATIONS THROUGH THE LOOKING-GLASS OF A NEPHROLOGIST

Speaker : Dr. Chow Yok Wai, *PHAK*

1315 – 1400 **LUNCH**

1400 – 1530 **Concurrent Main Symposium 3**

MAIN SYMPOSIUM 3A

THEME : DIABETES AND PREGNANCY

Chairman: Dr. Nurain Mohd Noor, *HPJ*

- i) **Gestational Diabetes: Controversies in Diagnosis and Management**
Professor Dato' Sivalingam Nalliah, *IMU*
- ii) **Baby of A Mother with Diabetes: From Conception to Adulthood**
Professor Christopher Nolan, *AUSTRALIA*
- iii) **Antenatal Lifestyle Intervention and Pregnancy Outcome**
Professor Ronald Ching-Wan Ma, *HONG KONG*
- iv) **Panel Discussion**

MAIN SYMPOSIUM 3B

Sponsored by Eli Lilly (Malaysia) Sdn Bhd

THEME : PRECISION DIABETES CARE - PERSONALISATION AND GLYCAEMIC OUTCOMES IN FOCUS

Chairman: Emeritus Professor Dato' Mustaffa Embong, *NADI*

- i) **Realities In Insulin Initiation - What Can We Do Better?**
Professor Luc Van Gaal, *BELGIUM*
- ii) **Challenges at Insulin Intensification and The Rationale for High-mix Insulins**
Datuk Dr. Mohamed Badrulnizam Long Bidin, *HKL*
- iii) **Panel Discussion - Clinical Vignettes and Precision Management**

MAIN SYMPOSIUM 3C

THEME : COMPLEMENTARY/ALTERNATIVE MEDICINE FOR DIABETES

Chairman: Dr. G. R. Letchuman, *HRPB*

- i) **The Use of Artificial Sweeteners in DM**
Ms. Shanaz F. H. Mawji, *RSDHC*
- ii) **Vitamins and Minerals: What Works?**
Associate Professor Barakatun Nisak Mohd Yusof, *UPM*
- iii) **Ayurvedic Medicine for Diabetes**
Dr. C D Siby, *Ayur Centre*
- iv) **Panel Discussion**

1530 – 1600 **TEA BREAK**

1600 – 1645 **PLENARY 5**

Chairman: Professor Dato' Anuar Zaini Md. Zain, *MUM*

DIABETES IN THE YOUNG IN INDIA - NOVEL ASPECTS IN THE PATHOGENESIS

Speaker : Professor Nihal Thomas, *INDIA*

1645 - 1730 **Concurrent Meet the Professor 2**

MEET THE PROFESSOR 2A

Chairman : Dr. Vijay Ananda Paramasvaran, *PHKL*

ORAL MEDICATIONSResource Person : Dr. Chionh Siok Bee, *SINGAPORE***MEET THE PROFESSOR 2B**Chairman : Associate Professor Rohana Abdul Ghani, *UiTM***IMPROVING PATIENTS' COMPLIANCE**Resource Person : Emeritus Professor Morsi Arab, *EGYPT*

1800 - 1900

DINNER SYMPOSIUM*Sponsored by Eli Lilly (Malaysia) Sdn Bhd*Chairman: Datuk Dr. Mohamed Badrulnizam Long Bidin, *HKL*

- i) **Sexual Issues Among Diabetics**
Datuk Dr. Mohamed Badrulnizam Long Bidin, *HKL*
- ii) **Making Sex Sweet Again**
Professor Christopher Ho Chee Kong, *UKMMC*

**** END OF DAY 2 ******DAY - OCTOBER 8, 2016 (SATURDAY)**

0730 – 0815

REGISTRATION

0815 – 0900

PLENARY 6Chairman: Datuk Dr. Mohamed Badrulnizam Long Bidin, *HKL***INSULIN RESISTANCE AGAINST METABOLIC STRESS: IMPLICATIONS FOR MANAGEMENT OF OBESITY - ASSOCIATED T2D**Speaker : Professor Christoper Nolan, *AUSTRALIA*

0900 - 0945

SPECIAL LECTURE 2*Sponsored by Abbott Malaysia*Chairman: Professor Dato' Mafauzy Mohamed, *HUSM***STRUCTURED LIFESTYLE INTERVENTION AMONG TYPE 2 DIABETES MELLITUS PATIENTS IN PRIMARY HEALTHCARE SETTING**Speaker : Professor Winnie Chee Siew Swee, *IMU*

0945 – 1015

COFFEE BREAK

1015 – 1215

Concurrent Main Symposium 4**MAIN SYMPOSIUM 4A****THEME : DIABETES IN THE ELDERLY**Chairman: Professor Dato' Anuar Zaini Md. Zain, *MUM*

- i) **Challenges in Glycaemic Control**
Professor Vishnupriya Rao Paturi, *INDIA*
- ii) **Hypertension: Choice of Drugs and Targets**
Professor Abdul Rashid Abdul Rahman, *ANSH*
- iii) **Treating Hypercholesterolaemia in the Elderly**
Professor Bilal Younis, *PAKISTAN*
- iv) *Sponsored by Servier Malaysia Sdn Bhd*
Kidney Protection: Hypertension and Proteinuria
Dr. Loo Chee Yean, *SKSMC*
- v) **Panel Discussion**

MAIN SYMPOSIUM 4B*Sponsored by AstraZeneca Sdn Bhd***THEME : FILLING UP T2DM TREATMENT GAP WITH SGLT-2i AND GLP-1RA**Chairman: Associate Professor Norlaila Mustafa, *UKMMC*

- i) **Newly Diagnosed Type 2 Diabetes with HbA1c \geq 7.5% : How? Why?**
Associate Professor Rohana Abdul Ghani, *UiTM*
- ii) **Forxiga - What Have We Learnt from the Real World Evidence in Malaysia?**
Dr. Zanariah Hussein, *HPJ*

- iii) **Managing T2DM with Once Weekly GLP-1 RA**
Dr. Wong Ming, *SMC*
- iv) **Panel Discussion**

MAIN SYMPOSIUM 4C

Sponsored by Merck Sharp & Dohme (Malaysia) Sdn Bhd

Chairman: Professor Norlela Sukor, *UKMMC*

- i) **DPP-4 Inhibitors and Metformin: The Endocrine Basis and Application for Their Use in Combination**
Dr. Foo Siew Hui, *HS*
- ii) **A Paradigm Shift for Patients and Physicians: What Is the Role of Combination Therapy for Dyslipidaemia Patients with Diabetes?**
Dr. Rahal Yusoff, *HSB*
- iii) **Panel Discussion**

1215 – 1315

LUNCH SYMPOSIUM 3

Sponsored by Servier Malaysia Sdn Bhd

Chairman: Dr. G. R. Letchuman, *HRPB*

ROLE OF GLICLAZIDE MR TODAY: AN EFFICACY YOU CAN TRUST

Speaker : Professor Jean Claude Mbanya, *CAMEROON*

1315 – 1400

LUNCH

1400 – 1530

Concurrent Main Symposium 5

MAIN SYMPOSIUM 5A

THEME : DIABETES IN CHILDREN

Chairman: Associate Professor Rahmah Rasat, *UKMMC*

- i) **Diabetes in Adolescents and Children - What Is the Differential Diagnosis?**
Dr. Lim Poi Giok, *HKL*
- ii) **Diabetes in Children: Challenges in Management**
Professor Wu Loo Ling, *UKMMC*
- iii) **Should Dyslipidaemia in Children Be Treated?**
Associate Professor Muhammad Yazid Jalaludin, *UMMC*
- iv) **Panel Discussion**

MAIN SYMPOSIUM 5B

Sponsored by Boehringer Ingelheim (Malaysia) Sdn Bhd

THEME : SODIUM GLUCOSE COTRANSPORTER 2 INHIBITORS (SGLT2-i) IN THE TREATMENT OF DIABETES MELLITUS

Chairman: Associate Professor Rohana Abdul Ghani, *UiTM*

- i) **The Role of SGLT2 inhibitor for Glycaemic Control**
Associate Professor Alexander Tan Tong Boon, *UMMC*
- ii) **Learnings from EMPA-REG OUTCOME Beyond Standard of Care**
 - Can We Really Improve CV Outcomes in T2D Patients in Your Clinic?
Associate Professor Alexander Tan Tong Boon, *UMMC*
 - Slowing Down Renal Progression - Is It Possible?
Associate Professor Lim Soo Kun, *UMMC*
- iii) **Panel Discussion**

MAIN SYMPOSIUM 5C

THEME : DIABETES AND OBESITY

Chairman: Professor Dato' Ikram Shah Ismail, *UMMC*

- i) **Anti-Obesity Drugs**
Dr. Tommy S. Ty Willing, *PHILIPPINES*
- ii) **Obesity and Diabetes: An Unholy Association**
Dr. Nor Azizah Aziz, *PGH*
- iii) **Obesity and T2DM in Children**
Associate Professor Sompongse Suwanwalaikorn, *THAILAND*
- iv) **Panel Discussion**

1530 – 1600 **TEA BREAK**

1600 – 1645 **PLENARY 7**

Chairman: Dr. Zanariah Hussein, *HPJ*

PATIENT-CENTRIC APPROACH TO T2-DIABETES MANAGEMENT

Speaker : Emeritus Professor Morsi Arab, *EGYPT*

1645 - 1730 **Concurrent Meet the Professor 3**

MEET THE PROFESSOR 3A

Chairman : Professor Wu Loo Ling, *UKMMC*

CHALLENGES IN MANAGING T1DM PATIENTS

Resource Person : Professor Bilal Younis, *PAKISTAN*

MEET THE PROFESSOR 3B

Chairman : Professor Dato' Mafauzy Mohamed, *HUSM*

REDUCING CV COMPLICATIONS

Resource Person : Professor Ronan Roussel, *FRANCE*

**** END OF DAY 3 ****

DAY 4 - OCTOBER 9, 2016 (SUNDAY)

0815 – 0900 **PLENARY 8**

Chairman: Professor Dato' Ikram Shah Ismail, *UMMC*

MOBILE AND INTERNET-BASED APPS FOR DIABETES CARE

Speaker : Professor Bilal Younis, *PAKISTAN*

0900 - 0945 **PLENARY 9**

Chairman: Professor Dato' Anuar Zaini Md. Zain, *MUM*

DIABETES AND CANCERS: MINIMISING THE RISK

Speaker : Professor Ronan Roussel, *FRANCE*

0945 - 1015 **COFFEE BREAK**

1015 - 1215 **Concurrent Main Symposium 6**

MAIN SYMPOSIUM 6A

THEME : DIABETES AND CARDIOVASCULAR RISK

Chairman: Professor Dato' Ikram Shah Ismail, *UMMC*

- i) **Antiglycaemic Therapy and (Risk of) Heart Failure**
Associate Professor Norlaila Mustafa, *UKMMC*
- ii) **Cardiovascular Outcome Studies with New OHAs**
Dr. Malik Mumtaz, *IH*
- iii) **Beyond Glycaemia: Strategies to (Further) Reduce CV Risks in People with T2DM**
Professor Norlela Sukor, *UKMMC*
- iv) **Panel Discussion**

MAIN SYMPOSIUM 6B

THEME : SGLT2 INHIBITION

Chairman: Emeritus Professor Dato' Mustaffa Embong, *NADI*

- i) **Non Glycaemic Effects of SGLT2i: Clinical Implications**
Professor Dato' Mafauzy Mohamed, *HUSM*
- ii) **Side-Effect and Safety Issues of SGLT2 Inhibitors: What Clinicians Should Know**
Dr. Foo Siew Hui, *HS*
- iii) **Empa-Reg Outcome: A Game Changer in Diabetes Management**
Professor Ronan Roussel, *FRANCE*
- iv) **Panel Discussion**

1215 – 1315 **FREE PAPER PRESENTATIONS AWARDING CEREMONY**
 - **BEST ORAL PRESENTATION AWARD**
 - **BEST POSTER PRESENTATION AWARD**
 - **PROF MUSTAFFA YOUNG INVESTIGATORS' AWARD**

1315 – 1400 **LUNCH & CLOSE**

JUDGING PANELS

Chief: Professor Dato' Anuar Zaini Md. Zain, *MUM*

Date/Time: **October 6, 2016 (Thursday) 1400 - 1530**

Section: Prof Mustaffa Young Investigators' Award

- 1) Professor Dato' Mafauzy Mohamed, *HUSM* (Head)
- 2) Professor Dato' Ikram Shah Ismail, *UMMC*
- 3) Professor Norlela Sukor, *UKMMC*
- 4) Professor Philip Home, *UNITED KINGDOM*

Date/Time: **October 6 & 7, 2016 (Thursday & Friday) 1530 - 1600**

Section: Best Poster Presentation Award

- 1) Professor Abdul Rashid Abdul Rahman, *ANSH* (Head)
- 2) Professor Dato' Khalid Haji Yusoff, *UCSI*
- 3) Dr. Ng Ooi Chuan, *UPM*
- 4) Emeritus Professor Morsi Arab, *EGYPT*

Date/Time: **October 6, 2016 (Thursday) 1400 - 1530**

Section: Best Oral Presentation Award

- 1) Associate Professor Alexander Tan Tong Boon, *UMMC* (Head)
- 2) Dr. Miza Hiriyanti Zakaria, *HTAA*
- 3) Professor Ronald Ching-Wan Ma, *HONG KONG*
- 4) Dr. Zanariah Hussein, *HPJ*