

FINAL ANNOUNCEMENT

17th Continuing Professional Development (CPD) Series:

Organised by

NADI NATIONAL
DIABETES
INSTITUTE

CENTRE OF EXCELLENCE-DEDICATED TO DIABETICS

Endorsed by



Ministry of Health Malaysia



10th DIABETES COMPLICATIONS Conference & Grand Rounds

“Advances in
Management
of Diabetic
Heart Disease,
Diabetic Foot
and Other
Complications
of Diabetes”

July 24 - 25, 2018
Kuching, Sarawak, Malaysia

The Waterfront Hotel
68, Jalan Tun Abang Haji Openg
93000 Kuching, Sarawak
MALAYSIA



Supported by



Secretariat: 10th 'DIABETES COMPLICATIONS' Conference & Grand Rounds

NATIONAL DIABETES INSTITUTE (NADI)

No. 1, Jalan SS 3/50, 47300 Petaling Jaya, Selangor, MALAYSIA

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NADI Continuing Professional Development Series:

“DIABETES COMPLICATIONS” CONFERENCE & GRAND ROUNDS

Prevalence of diabetes mellitus, especially of type 2, is on the increase. This rise is most marked in developing countries, Malaysia included. The increasing number of people with diabetes is compounded with the added burden of the chronic complications of the disease which remain an important cause of morbidity and premature mortality for those affected, and a huge challenge to healthcare providers.

To help address these issues, the National Diabetes Institute (NADI) of Malaysia, organises “Diabetes Asia Conference (DAC)” annually since its inception in 2002 as a Continuing Professional Development (CPD) initiative on diabetes and related diseases. The “Diabetes Complications” Conference & Grand Rounds (DCOM) was first introduced in 2009 to provide specific focus on diabetic complications.

Objectives of “DIABETES COMPLICATIONS”:

Conference & Grand Rounds

The Continuing Professional Development (CPD) Series as “Diabetes Complications” Conference & Grand Rounds aims to help in the prevention and effective management of diabetic complications especially in relation to diabetic foot, cardiovascular disease, retinopathy and nephropathy. **The emphasis is on recent advances and practical aspects in the prevention and effective management of diabetic complications.**

Participants are expected to be able to:

- appreciate recent advances and practical aspects of diabetes care, especially in relation to prevention, early diagnosis and optimal management of diabetic complications.
- apply knowledge gained during the “Diabetes Complications” Conference & Grand Rounds to further improve care for persons with diabetes in the community.

Who Should Attend

Healthcare professionals responsible for managing persons with diabetes including:

- Medical and Surgical Specialists
- General Practitioners
- Medical and Health Officers
- Trainee Lecturers
- Pharmacists
- Nursing Practitioners
- Diabetes Educators
- Dietitians
- Medical Assistants



IMPORTANT

Please note that
registration starts at 0700
and Plenary at 0815

Thank you.

The “Diabetes Complications” Conference & Grand Rounds will emphasise on **recent advances** and **practical aspects** in the management of diabetic complications.

Central Organising Committee

Advisor

Professor Dato' Anuar Zaini Md. Zain

Secretary

Dato' Dr. Nor 'Aini Abu Bakar

Sub Committees

Chairmen of Scientific Sub Committees:

Associate Professor Norlaila Mustafa (*General*)

Dato' Dr. David Chew Soon Ping (*Heart*)

Dr. Harikrishna K. Ragavan Nair (*Foot*)

Secretariat

Dato' Dr. Nor 'Aini Abu Bakar (*Chairperson*)

Sabah & Sarawak Representative

Dr. William Voon Yu Huat

Audiovisual

Mr. Kamarulzaman Othman (*Audiovisual*)

Chairman

Emeritus Professor Dato' Mustaffa Embong

Treasurer

Ms. Rosmawati Yusoff

Associate Professor Tajunisah Begam Mohamed Iqbal (*Eye*)

Dato' Dr. Zaki Morad Mohamed Zaher (*Kidney*)

Conference Coordinator

Ms. Amelia Zuber

Fund Raising & Exhibition

Ms. Melissa Zaiton

Mr. Zamri Husin (*Video & Photography*)

Local Organising Committee

Chairman: Dr. William Voon Yu Huat

Sub Committees

Scientific: Dr. Florence Tan Hui Sieng (*Chairman*)

Dr. Jeshen Lau Hui Giek

Dr. Lau Bik Kui

Dr. Loh Huai Heng

Dr. Frederick Walter de Rozario

Dr. Kuan Yueh Chien

Dr. Kalwinder Singh Khaira

Local Promotion

Ms. Jessie Voon

Transportation

Mr. Tommy Sim, Mr. Daniel Voon

Leisure

Ms. Valarie Voon, Mr. Alex Yeo

Secretariat Support

Ngui, Ms. Pauline Tiu

International Advisory Board

Emeritus Professor Augusto D. Litonjua, **Philippines**

Professor Clive S. Cockram, **Hong Kong**

Professor Eberhard Standl, **Germany**

Professor Harold E. Lebovitz, **USA**

Professor Luc Van Gaal, **Belgium**

Professor Morsi Arab, **Egypt**

Professor Philip Home, **United Kingdom**

Professor Thep Himathongkam, **Thailand**

Professor Timothy Davis, **Australia**

Professor Xu Zhang Rong, **China**

Invited Conference Speakers/ Chairpersons**

International Faculty:

1. Emeritus Professor Augusto D. Litonjua, **Philippines** (*Confirmed*)
2. Professor Bilal Younis, **Pakistan** (*Confirmed*)
3. Professor Eberhard Standl, **Germany** (*Confirmed*)
4. Professor Harold E. Lebovitz, **USA** (*Confirmed*)
5. Professor Lesley V. Campbell, **Australia** (*Confirmed*)
6. Professor Luc Van Gaal, **Belgium** (*Confirmed*)
7. Professor Richard Donnelly, **United Kingdom** (*Confirmed*)
8. Professor Ronald Ching Wan Ma, **Hong Kong** (*Confirmed*)
9. Professor Samir Naim Assaad, **Egypt** (*Confirmed*)
10. Professor Timothy Davis, **Australia** (*Confirmed*)
11. Associate Professor Abdul Aziz Mohamed Nather, **Singapore** (*Confirmed*)
12. Associate Professor Sompongse Suwanwalaikorn, **Thailand** (*Confirmed*)

*Subject to confirmation

Programme Outline*

24 July 2018			25 July 2018		
TUESDAY			WEDNESDAY		
(0700 – 0815) Registration			(0730 – 0815) Registration		
(0815 – 0900) Plenary 1 CARDIAC			(0815 – 0900) Plenary 3 FOOT		
(0900 – 0945) Plenary 2 GENERAL			(0900 – 0945) Plenary 4 LIPIDS		
(0945 – 1015) Coffee Break					
(1015 – 1215)			(1015 – 1215)		
Main Symposium 1A KIDNEY	Main Symposium 1B HEART	**Main Symposium 1C	Main Symposium 3A HEART	Main Symposium 3B FOOT	**Main Symposium 3C
(1215 – 1315)			(1215 – 1315)		
**Lunch Symposium 1			**Lunch Symposium 2		
(1315 – 1400) Lunch					
(1400 – 1530)			(1400 – 1530)		
Main Symposium 2A OTHERS	Main Symposium 2B OTHERS	**Main Symposium 2C	Main Symposium 4A FOOT	Main Symposium 4B EYE	**Main Symposium 4C
(1530 – 1600) Tea Break					
(1600 – 1730)			(1600 – 1730)		
Meet-the-Experts Workshop 1	Grand Round 1 KIDNEY	Grand Round 2 HEART	Meet-the-Experts Workshop 2	Grand Round 3 FOOT	Grand Round 4 EYE

**Subject to change ** Available slots for Sponsors*

SCIENTIFIC PROGRAMME BRIEFS*

Participants are free to attend any of the concurrent sessions.

PLENARY

- **Diabetes Heart Disease in Developing Countries: How Do We Address the Increasing Prevalence?**
Tan Sri Dato' Seri Dr. Robaayah Zambahari, Institut Jantung Negara
- **Optimal Management of Type 2 Diabetes to Prevent Complications**
Professor Harold E. Lebovitz, USA
- **Holistic Approach in Management of Diabetic Foot Wounds**
Associate Professor Abdul Aziz Mohamed Nather, SINGAPORE
- **Diagnosis and Treatment of Dyslipidaemia in Diabetics**
Professor Richard Donnelly, UNITED KINGDOM

**Subject to change*

SYMPOSIUM THEMES/TOPICS INCLUDE:

Main Symposium 1A

DIABETIC NEPHROPATHY

- Early Detection of Kidney Involvement in Diabetes
- Current Treatment for Hypertension in Diabetic Nephropathy
- Genetic and Non-genetic Predictors for Increased Risk of Diabetic Nephropathy

Main Symposium 1B

DIABETIC ISCHAEMIC HEART DISEASE

- Why Diabetics are More Prone to Heart Disease?
- Diagnosing IHD in People with Diabetes: When, How
- Treating Diabetic IHD: Medical or Surgical?

Main Symposium 2A

DIABETES PRESENTATION IN SPECIALITY PRACTICE

- Dentistry: The Oral Cavity
- Dermatology: Skin Manifestation of Diabetes
- Orthopaedics: The Foot and Joints

Main Symposium 2B

PREVENTING DIABETIC COMPLICATIONS

- Is Normalising Blood Glucose Level Critical in Preventing Complications?
- Role of Dietary Supplements and Natural Products in Diabetic Complication Prevention
- Current Understanding of Pathophysiology of Diabetic Complications: Potential for Interventions

Main Symposium 3A

HEART FAILURE IN DIABETICS

- Causes of Heart Failure in Diabetics
- Cardio-protective Anti-Diabetic Agents
- Diagnosing Early and Incipient Heart Failure in People with Diabetes

Main Symposium 3B

INFECTIONS IN THE DIABETIC FOOT

- Risk Factors and Prevention
- Diagnosis and Management of Diabetic Osteomyelitis
- Choice of Dressing and Antibiotic for Infected Diabetic Foot Ulcers

Main Symposium 4A

PERIPHERAL NEUROPATHY

- Early Diagnosis of PN for GPs: Foot Assessment
- Metformin-associated Peripheral Neuropathy
- Cardiac Autonomic Neuropathy: Diagnosis, Prognosis and Management Approach

Main Symposium 4B

DIABETIC RETINOPATHY

- Screening for Diabetic Retinopathy in Resource-limited Countries
- Systematic and Ocular Therapies for Diabetic Retinopathy
- The Prevention of Diabetic Retinopathy

MEET-THE-EXPERTS WORKSHOPS

1. Offloading for Diabetic Foot

Resource Person: Dr. Harikrishna K. Ragavan Nair, *Hospital Kuala Lumpur*

2. Managing Diabetic Foot Ulcers for GPs: Choice of Dressing and Medication

Resource Person: Associate Professor Abdul Aziz Mohamed Nather, *SINGAPORE*

GRAND ROUNDS

1. A Diabetic with Hypertension with Increased Blood Urea

- 1.1 Pathology of Diabetic Kidney Damage
- 1.2 Causes of Raising Blood Urea in Diabetics
- 1.3 Minimising Renal Damage in People with Diabetes

2. A Person with Diabetes Complaining of Sudden SOB

- 2.1 Causes of Sudden Shortness of Breath in Diabetics
- 2.2 Silent MI - Clues to Diagnosis
- 2.3 Diagnosing Subclinical Heart Failure

3. A Diabetic with Painful Black Foot

- 3.1 Types of Gangrene
- 3.2 Clinical Significance of Gangrene in People with Diabetes
- 3.3 Outline of Gangrene Management in Diabetics

4. Worsening Vision Loss in A Person with Long-Standing Diabetes

- 4.1 Assessing Vision Loss at GP Level
- 4.2 Causes of Vision Loss
- 4.3 Options for Treatment of Diabetic Retinopathy

OTHER SESSIONS INCLUDE:

• SPONSORED SYMPOSIUMS AND GRAND ROUNDS

• LUNCH SYMPOSIUMS

**Subject to change*

Registration & Fees

Registration form is enclosed with this **FINAL ANNOUNCEMENT**. Completed form must be returned with the registration fee to the Secretariat of the **“10th Diabetes Complications” Conference & Grand Rounds** by mail or fax. Registration fee covers admission to all NADI “10th Diabetes Complications” Conference & Grand Rounds sessions, conference bag, identification tag and printed materials, Conference & Grand Rounds lunches and tea/coffee breaks. The fees are as followed:

Local Delegates (subsidised rates)

REGISTRATION	Conference Fee*	GST** (6%)	Total Payable	Please Tick
Early Bird Registration (before May 31, 2018)	RM450	RM27.00	RM477.00	
AFTER May 31, 2018	RM550	RM33.00	RM583.00	

International Delegates

REGISTRATION		Please Tick
Early Bird Registration (before May 31, 2018)	USD350	
AFTER May 31, 2018	USD450	

*Subsidised rates **GST (Goods and Services Tax)

Please register early to enjoy “Early Bird” discount for registration.

NOTE: Special discount is available for group booking and attendance to both DCOM and DAC, 2018. Kindly check with the Secretariat.

Registration fee should be made payable to: **National Diabetes Institute**. Please refer to the instruction on payment.

Accommodation

Special room rates have been arranged for the conference participants from July 24 – 25, 2018, at the following hotels:

- The Waterfront Hotel (Conference Venue)
- Riverside Majestic Hotel
- Abell Boutique Hotel
- Hilton Kuching
- Pullman Kuching
- Grand Margherita Hotel
- Lime Tree Hotel
- UCSI Hotel

Participants are advised to reserve their hotel accommodation early. Please book the hotel of your choice through Straits Central Travel and Tour Agencies Sdn. Bhd. (except The Waterfront Hotel – direct booking with the hotel is required).

Please specify that you wish to book as a participant of the National Diabetes Institute 10th “Diabetes Complications” Conference & Grand Rounds in order to qualify for the special rates offered. Please refer to the accompanying leaflet for details.

Pre & Post Conference Tours

Pre and Post Conference tours are being organised for delegates to appreciate exotic Sarawak and Borneo.

Please refer to the attached brochure or contact the Secretariat for details.

Disclaimer:

The National Diabetes Institute and its agents are not to be held responsible for any change in the terms or conditions of the hotel accommodation and/or tours.

For further information and updates regarding the 10th “Diabetes Complications” Conference & Grand Rounds, please contact:

The Secretariat (Attention: Ms. Rosmawati / Ms. Farah / Ms. Amelia / Ms. Su’aidah / Ms. Melissa)

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About the National Diabetes Institute (NADI)

The National Diabetes Institute (NADI) is established to provide a dedicated and comprehensive service for people with diabetes, to prevent and control diabetes, its complications and associated diseases.

NADI is a **non-profit, Non-Governmental Organisation (NGO)** managed by a Board of Trustees, comprising of Founding and Elected members and representatives from the Malaysian Endocrine and Metabolic Society (MEMS), Diabetes Malaysia (DM) and Ministry of Health (MOH), Malaysia.

The main objectives of NADI are:

- to prevent diabetes and associated cardiometabolic conditions such as high blood pressure, high blood cholesterol and heart disease through promotion of healthy lifestyle
- to create and maintain a National Diabetes Registry
- to be a National Diabetes Education Resource Centre for the country
- to coordinate and conduct research in diabetes and related conditions
- to establish and run a comprehensive health facility including a National Diabetes Hospital for the management of diabetes and its complications
- to be the national coordinating centre for diabetes in Malaysia in respect to statistics, education, management, research, policy and planning on diabetes and associated diseases



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