

COURSE PROGRAMME
NADI Advocate for General Practitioners
Regional Diabetes Course, Johor Bahru
December 8 - 9, 2018

DAY 1 – December 8, 2018 (Saturday)

0745 **REGISTRATION**

0825 - 0830 **Briefing of Course Outline**

Emeritus Professor Dato' Dr. Mustaffa Embong, *NADI*

0830 - 1000 **Presentation/Diagnosis/Principle of Management**

- i) **Type 1** (10 min + 5 min Q&A)
Speaker: Dr. Ng Ooi Chuan, *UPM*

- ii) **Type 2** (20 min + 10 min Q&A)
Speaker: Associate Professor Norlaila Mustafa, *UKMMC*

- iii) **Gestational Diabetes** (20 min + 10 min Q&A)
Speaker: Associate Professor Wan Mohd Izani Wan Mohamed, *HUSM*

- iv) **Type 3 Diabetes** (10 min + 5 min Q&A)
Speaker: Dr. G.R. Letchuman, *HRPB*

1000 – 1030 Sponsored lecture: *Boehringer Ingelheim (Malaysia) Sdn Bhd*

Are all apples the same? A discussion on SGLT2i

Speaker: Assoc. Professor Dr. Alexander Tan Tong Boon, *UMMC*

1030 - 1100 **BREAK**

1100 - 1230 **Case Discussions**

Chairman : Emeritus Professor Dato' Dr. Mustaffa Embong, *NADI*

Panel(s) : Professor Dato' Mafauzy Mohamed, *HUSM*
Associate Professor Norlaila Mustafa, *UKMMC*
Associate Professor Wan Mohd Izani Wan Mohamed, *HUSM*
Associate Professor Dr. Alexander Tan Tong Boon, *UMMC*
Dr. G.R. Letchuman, *HRPB*
Dr. Ng Ooi Chuan, *UPM*
Ms. Poh Kai Ling, *UMMC*

Case #1: Sponsored by *Boehringer Ingelheim (Malaysia) Sdn Bhd*

When Does Protecting The Sweetheart Begin?

(30min + 15 min discussion)

Presenter: Associate Professor Dr. Alexander Tan Tong Boon, *UMMC*

Case #2: A Type 2 Patient with Cardiovascular Disease- Discuss targets & CV-

Protection Drugs (30 min + 15 min discussion)

Presenter: Professor Dato' Mafauzy Mohamed, *HUSM*

1230 - 1330 **LUNCH**

1330 - 1430 **Medications (Types/Indications/Uses)**

- i) **Oral** (20 min + 10 min Q&A)
Speaker: Associate Professor Norlaila Mustafa, *UKMMC*

- ii) **Injectable (Insulins/GLP1-As)** (20 min + 10 min Q&A)
Speaker: Dr. Ng Ooi Chuan, *UPM*

1430 - 1500 Sponsored lecture: *Servier Malaysia Sdn Bhd*
What's Next After Metformin? The place Sulphonylureas in the light of current evidences
Speaker: Professor Dato' Mafauzy Mohamed, *HUSM*

1500 - 1530 **BREAK (& Signing for CME Points)**

1530 - 1700 **Case Discussions**

Chairman : Associate Professor Wan Mohd Izani Wan Mohamed, *HUSM*
Panel(s) : Emeritus Professor Dato' Dr. Mustaffa Embong, *NADI*
Associate Professor Norlaila Mustafa, *UKMMC*
Dr. G.R. Letchuman, *HRPB*
Dr. Ng Ooi Chuan, *UPM*
Ms. Poh Kai Ling, *UMMC*

Case #3: Sponsored by *Servier Malaysia Sdn Bhd*
Newly Diagnosed T2DM with Hyperglycemic Symptoms
(30 min +15 min discussion)
Presenter: Professor Dato' Mafauzy Mohamed, *HUSM*

Case #4: Sponsored by *Servier Malaysia Sdn Bhd*
T2DM with Renal Impairment (30 min + 15 min discussion)
Presenter: Professor Dato' Mafauzy Mohamed, *HUSM*

1700 - 1730 **Assessment**

Facilitators: Associate Professor Norlaila Mustafa, *UKMMC*
Emeritus Professor Dato' Dr. Mustaffa Embong, *NADI*

1730 **END OF DAY 1**

**** END OF DAY 1 ****

DAY 2 – December 9, 2018 (Sunday)

0745-0800 **REGISTRATION**

0800 - 0900 **Outpatient Management of Type 2**

- i) **Assessment and Treatment at Diagnosis** (20 min + 10 min Q&A)
Speaker: Associate Professor Wan Mohd Izani Wan Mohamed, *HUSM*
- ii) **Assessment and Treatment at Follow-up** (20 min + 10 min Q&A)
Speaker: Professor Dato' Mafauzy Mohamed, *HUSM*

0900- 0930 **Diet Advice for People with Diabetes** (20 min + 10 min Q&A)

Speaker: Ms. Poh Kai Ling, *UMMC*

0930 - 1000 Sponsored Lecture: *Novo Nordisk Pharma (M) Sdn Bhd*
The Promise of A New Therapy : A Simple Way to Be Smart About Basal and Bolus

Speaker: Dato' Dr. Malik Mumtaz, *IH*

1000 - 1015 Clearing Doubts Session (15 min)

Moderator: Professor Dato' Mafauzy Mohamed, *HUSM*

1015 - 1045 **BREAK**

1045 - 1215 **Case Discussions**

Chairman : Associate Professor Norlaila Mustafa, *UKMMC*

Panel(s) : Professor Dato' Mafauzy Mohamed, *HUSM*
Associate Professor Wan Mohd Izani Wan Mohamed, *HUSM*
Dr. G.R. Letchuman, *HRPB*
Dr. Ng Ooi Chuan, *UPM*
Ms. Poh Kai Ling, *UMMC*

Case #5: Sponsored by *Novo Nordisk Pharma (M) Sdn Bhd*

What's Next After OADs? (30 min + 15 min discussion)

Presenter: Dato' Dr. Malik Mumtaz, *IH*

Case #6 Sponsored by *Novo Nordisk Pharma (M) Sdn Bhd*

When Basal Proves Insufficient (30 min + 15 min discussion)

Presenter: Dato' Dr. Malik Mumtaz, *IH*

1215 - 1315 **LUNCH**

1315 - 1345 Sponsored Lecture: *P&G Health*

Managing Diabetes Neuropathy: Repurposing The Role of Vitamin B Complex

Speaker: Dr. Sathindren Santhirathelagan, *GP*

1345 - 1415 **Assessment of Complications** (20 min + 10 min Q&A)

Speaker: Dr. Ng Ooi Chuan, *UPM*

1415-1445 **Monitoring and Targets** (20 min + 10 min Q&A)

Speaker: Professor Dato' Mafauzy Mohamed, *HUSM*

1445 - 1500 Clearing Doubts Session
Moderator: Emeritus Professor Dato' Dr. Mustaffa Embong, *NADI*

1500 - 1530 **BREAK (& Signing for CME Points)**

1530 - 1700 **Case Discussions**

Chairman : Professor Dato' Mafauzy Mohamed, *HUSM*
Panel(s) : Emeritus Professor Dato' Dr. Mustaffa Embong, *NADI*
Associate Professor Norlaila Mustafa, *UKMMC*
Dr. Ng Ooi Chuan, *UPM*
Ms. Poh Kai Ling, *UMMC*
Dr. G.R. Letchuman, *HRPB*
Dr. Norbelinda Norhatta, *GM*

Case #7: Sponsored by *P&G Health*

Diabetes Neuropathy- What Could We Do Differently For Mr. X
(15 min + 30 min discussion)

Presenter: Dr. Norbelinda Norhatta, *GM*

Case #8: Middle Age Patient with Uncontrolled Diabetes despite High Doses of Insulin -Discuss treatment options: lifestyle, oral & injectables (15 min + 30 min Q&A)

Presenter: Dr. G.R. Letchuman, *HRPB*

1700 - 1730 **Assessment**

Facilitators: Professor Dato' Mafauzy Mohamed, *HUSM*
Emeritus Professor Dato' Dr. Mustaffa Embong, *NADI*

1730 **END of DAY 2**

- **Certificate of Attendance will be awarded at the end of the Course. Based on the assessment results, participants will be informed (by email and/or Whatsapp) if they are eligible to participate in a programme for accreditation as 'NADI Advocate'.**

**** END OF REGIONAL DIABETES COURSE ****