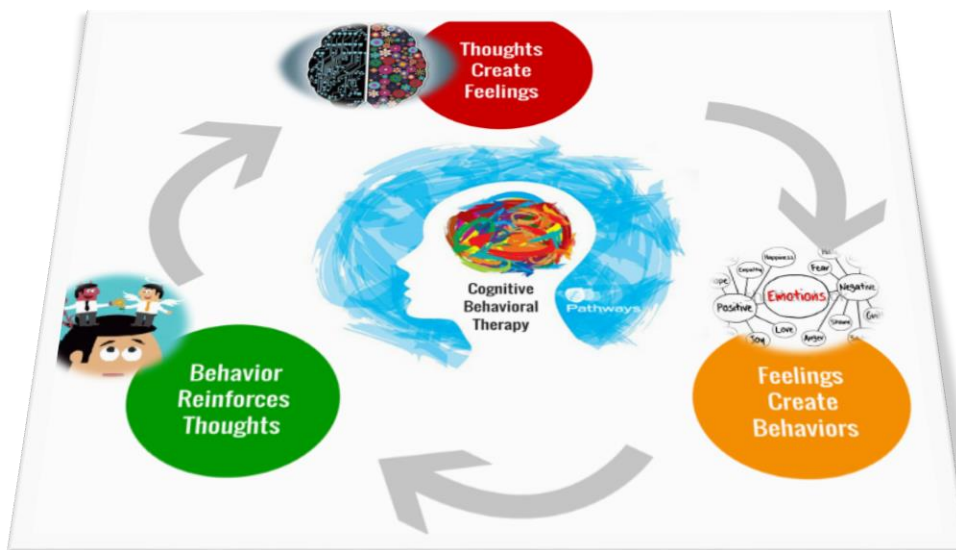




Cognitive Behavioral Therapy Workshop

An interactive workshop that help you and your diabetes care team to empower people with diabetes in diabetes self-management



MDES DIABETES EDUCATION WORKSHOP 2018 - CBT

Cognitive Behavioral Therapy (CBT) is a communication skill incorporated with Behavioral Sciences to activate your patient's thought process and emotional attachment in creating a sustainable behavioral change to a better health outcome.

Objective: To enhance knowledge and skills in Cognitive Behavioral Therapy in optimizing diabetes self-management education.

Trainer:

Dr. Jamilah Hanum Binti Abdul Khaiyom, is a lecturer and clinical psychologist from International Islamic University Malaysia whose main interest is to promote use of CBT in overweight, obesity and diabetes management.

A workshop for all healthcare professionals engaging with people with diabetes

CPD Points will be awarded

Date: 14th April 2018
Time: 08:00-17:00
Venue: NKF Training Centre, C23-03 Block C, 3 Two Square, 2 Jalan 19/1, 46300 Petaling Jaya, Selangor.

MDES Member:
Early Bird Fee: RM150 (on or before 15th March 2018)
Standard Fee: RM180 (after 15th March 2018)

Non-MDES member:
Early Bird Fee: RM200 (on or before 15th March 2018)
Standard Fee: RM250 (after 15th March 2018)

Please email completed registration form to: mdes0507@gmail.com

Kindly visit MDES website at mdes.org.my for more details.