

SCIENTIFIC PROGRAMME
17th CPD: "Diabetes Asia 2018" Conference
July 26-29, 2018

DAY 1 - JULY 26, 2018 (THURSDAY)

0700 - 0815 **REGISTRATION**

0815 - 0900 **PLENARY 1**

Chairman: Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute (confirmed)*

BROWN FAT: IMPLICATIONS FOR OBESITY AND DIABETES

Speaker : Emeritus Professor Augusto D. Litonjua, *PHILIPPINES*

0900 - 0945 **PLENARY 2**

Chairman: Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia (confirmed)*

HEART FAILURE IN DIABETES - FROM INCREASED RISK TO A TREATMENT TARGET

Speaker : Professor Eberhard Standl, *GERMANY*

0945 - 1015 **COFFEE BREAK**

1015 - 1215 ***Concurrent Main Symposium 1***

MAIN SYMPOSIUM 1A

THEME : GESTATIONAL DIABETES

Chairman:

- i) **Rising Prevalence of GDM in Asia - Challenges and Solutions**
Emeritus Professor Augusto D. Litonjua, *PHILIPPINES*
- ii) **Medical Nutritional and Pharmacological Therapies During Pregnancy**
Professor Ronald Ching Wan Ma, *HONG KONG*
- iii) **Preventing Long-Term Complications of GDM**
Professor Dato' Sivalingam Nalliah, *International Medical University*
- iv) **Panel Discussion**

MAIN SYMPOSIUM 1B

THEME : NUTRITIONAL AND PHYSICAL ACTIVITY THERAPIES FOR DIABETES

Chairman: Professor Dato' Wan Mohamad Wan Bebakar, *Hospital Universiti Sains Malaysia*

- i) **Evidence-based Nutrition Guidelines for the Prevention and Management of Diabetes**
Professor Winnie Chee Siew Swee, *International Medical University*
- ii) **Exercise is Medicine for Diabetics Emphasising Those with Co-Morbidity**
Associate Professor Mohd Nahar Azmi Mohamed, *University Malaya Medical Centre*
- iii) **Low-Calorie Sweeteners in Diabetes Management**
Associate Professor Sompongse Suwanwalaikorn, *THAILAND*
- iv) **Panel Discussion**

MAIN SYMPOSIUM 1C

THEME : CARDIOVASCULAR DISEASE PREVENTION IN TYPE 2 DIABETES

Chairman:

- i) **CVOTs with Injectables**
Professor Dato' Mafauzy Mohamed, *Hospital Universiti Sains Malaysia*
- ii) **CVOTs with Oral Agents**
Professor Eberhard Standl, *GERMANY*
- iii) **Would Multifactor Intervention further Improve CVD Outcomes?**
Professor Timothy Davis, *AUSTRALIA*
- iv) **Panel Discussion**

1215 - 1315 **Concurrent Lunch Symposium 1**

LUNCH SYMPOSIUM 1A

Sponsored by Eli Lilly (M) Sdn Bhd

Chairman:

TOPIC

Speaker :

LUNCH SYMPOSIUM 1B

Sponsored by CCM Pharmaceuticals Sdn Bhd

Chairman:

TOPIC

Speaker :

1315 - 1400 **LUNCH**

1400 - 1530 **Concurrent Experts' Case Discussions and Free Paper Presentations**

EXPERTS' CASE DISCUSSION 1

Chairman:

AN OBESE PERSON WITH DIABETES

Presenter:

- Panel: i. Associate Professor Rohana Abdul Ghani, *Universiti Teknologi MARA*
 ii. *Professor Nor Azmi Kamaruddin, Universiti Kebangsaan Malaysia Medical Centre*
 iii. Emeritus Professor Augusto D. Litonjua, *PHILIPPINES*
 iv. Professor Lesley V. Campbell, *AUSTRALIA*

EXPERTS' CASE DISCUSSION 2

Chairman:

A TYPE 1 CHILD WITH FREQUENT HYPO AND HYPER

Presenter:

- Panel: i. Professor Wu Loo Ling, *Universiti Kebangsaan Malaysia Medical Centre*
 ii. Professor Richard Donnelly, *UNITED KINGDOM*
 iii. Associate Professor Sompongse Suwanwalaikorn, *THAILAND*

EXPERTS' CASE DISCUSSION 3

Chairman:

A DIFFICULT-TO-CONTROL TYPE 2 PATIENT

Presenter:

- Panel: i. Dr. G. R. Letchuman, *Hospital Raja Permaisuri Bainun*
 ii. Professor Harold E. Lebovitz, *USA*
 iii. Professor Ronald Ching Wan Ma, *HONG KONG*

Free Paper Presentations

(Details refer to 'Abstracts Free Paper Presentation')

1530 - 1600 TEA BREAK

1600 - 1645 **PLENARY 3**

Chairman: Professor Dato' Ikram Shah Ismail, *University Malaya Medical Centre*

IMMUNOTHERAPY FOR PREVENTION AND TREATMENT OF TYPE 1 DIABETES: AN UPADTE

Speaker : Professor Richard Donnelly, *UNITED KINGDOM*

1645 - 1730 **Concurrent Meet the Professor 1**

MEET THE PROFESSOR 1A

Chairman :

INSULIN INITIATION AND INTENSIFICATION: WITH WHAT, WHEN AND HOW

Resource Person : Emeritus Professor Augusto D. Litonjua, *PHILIPPINES*

MEET THE PROFESSOR 1B

Chairman :

STRATEGIES TO ACHIEVING EFFECTIVE AND SUSTAINED GLYCAEMIC CONTROL IN T2DM

Resource Person : Professor Harold E. Lebovitz, *USA*

**** END OF DAY 1 ****

DAY 2 - JULY 27, 2018 (FRIDAY)0715 - 0815 **REGISTRATION**0815 - 0900 **PLENARY 4****Chairman:****NEWER DRUGS FOR THE TREATMENT OF DIABETES**Speaker : Professor Timothy Davis, *AUSTRALIA*0900 - 0945 **SPECIAL LECTURE 1***Sponsored by Abbott Laboratories (M) Sdn Bhd*

Chairman:

TOPIC

Speaker:

0945 - 1015 **COFFEE BREAK**1015 - 1215 **Concurrent Main Symposium 2****MAIN SYMPOSIUM 2A***Sponsored by AstraZeneca Sdn Bhd***THEME :**

Chairman:

- i) **Topic**
Speaker
- ii) **Topic**
Speaker
- iii) **Topic**
Speaker
- iv) **Panel Discussion**

MAIN SYMPOSIUM 2B**THEME : MENTAL HEALTH AND DIABETES****Chairman:**

- i) **Cognitive Impairment and Alzheimer's in Type 2 Diabetes Patients**
Professor Ahmad Hatim Sulaiman, *University Malaya Medical Centre*
- ii) **Psychological Outcomes in Relatives of Diabetics: The DAWN Studies**
Associate Professor Sompongse Suwanwalaikorn, *THAILAND*
- iii) **Clinical Interventions for Diabetes Distress**
Professor Nor Zuraida Zainal, *University Malaya Medical Centre*
- iv) *Sponsored by Servier (M) Sdn Bhd*
Improving Adherence in Diabetic Patients
Dr. Hazli Zakaria, *Universiti Kebangsaan Malaysia Medical Centre*
- v) **Panel Discussion**

MAIN SYMPOSIUM 2C**THEME : IN-PATIENT DIABETES CARE**Chairman: Dr. G. R. Letchuman, *Hospital Raja Permaisuri Bainun*

- i) **Glycaemic Targets for In-Patients**
Dr. Zanariah Hussein, *Hospital Putrajaya*
- ii) **Medical Nutrition Therapy in the Hospital**
Ms. Mary Easaw - John, *Institut Jantung Negara*
- iii) **Use of Technology in Hospital Setting**
Professor Ronald Ching Wan Ma, *HONG KONG*
- iv) **Panel Discussion**

1215 - 1315 **LUNCH SYMPOSIUM 2**
Sponsored by Pfizer Malaysia Sdn Bhd

Chairman:

TOPIC

Speaker :

1315 - 1400 **LUNCH**

1400 - 1530 **Concurrent Main Symposium 3**

MAIN SYMPOSIUM 3A

Sponsored by Zuellig Pharma Sdn Bhd

THEME :

Chairman:

- i) **Topic**
Speaker
- ii) **Topic**
Speaker
- iii) **Topic**
Speaker
- iv) **Panel Discussion**

MAIN SYMPOSIUM 3B

THEME : IS THERE A ROLE FOR THE NEWER INSULINS?

Chairman: Professor Dato' Mafauzy Mohamed, *Hospital Universiti Sains Malaysia*

- i) **Fast and Ultra-Fast Preparations**
Associate Professor Norlaila Mustafa, *Universiti Kebangsaan Malaysia Medical Centre*
- ii) **Long and Longer-Acting Insulins**
Professor Nor Azmi Kamaruddin, *Universiti Kebangsaan Malaysia Medical Centre*
- iii) **Oral Insulin**
Professor Luc Van Gaal, *BELGIUM*
- iv) **Panel Discussion**

MAIN SYMPOSIUM 3C

THEME : DIAGNOSIS AND CLINICAL RELEVANCE OF DIABETES SUBTYPES

Chairman:

- i) **LADA**
Professor Dato' Wan Mohamad Wan Bebakar, *Hospital Universiti Sains Malaysia*
- ii) **Monogenic Diabetes**
Professor Eberhard Standl, *GERMANY*
- iii) **Type 3c Diabetes: The Exocrine Pancreas**
Professor Bilal Younis, *PAKISTAN*
- iv) **Panel Discussion**

1530 - 1600 **TEA BREAK**

1600 - 1645 **PLENARY 5**

Chairman:

OLD DRUG METFORMIN: ESTABLISHED AND POTENTIAL BENEFITS

Speaker : Professor Samir Naim Assaad, *EGYPT*

1645 - 1730 **Concurrent Meet the Professor 2**

MEET THE PROFESSOR 2A

Chairman :

ADVANCES IN CONTROLLING BLOOD GLUCOSE IN T1DM PATIENTS

Resource Person : Professor Richard Donnelly, *UNITED KINGDOM*

MEET THE PROFESSOR 2B

Chairman :

DIET FOR PEOPLE WITH DIABETES INCLUDING LOW GI AND 'DIABETIC' FOODS AND SUPPLEMENTSResource Person : Professor Ronald Ching Wan Ma, *HONG KONG***** END OF DAY 2 ******DAY 3 - JULY 28, 2018 (SATURDAY)**0730 - 0815 **REGISTRATION**0815 - 0900 **PLENARY 6**

Chairman:

PANCREATIC ALPHA AND BETA CELL DYSFUNCTION IN TYPE 2 DIABETES: CURRENT UNDERSTANDING AND TREATMENT PROSPECTSSpeaker : Professor Luc Van Gaal, *BELGIUM*0900 - 0945 **SPECIAL LECTURE 2***Sponsored by Novo Nordisk Pharma (Malaysia) Sdn Bhd*

Chairman:

TOPIC

Speaker :

0945 - 1015 **COFFEE BREAK**1015 - 1215 **Concurrent Main Symposium 4****MAIN SYMPOSIUM 4A***Booked by Boehringer Ingelheim (Malaysia) Sdn Bhd***THEME :**

Chairman:

- i) **Topic**
Speaker
- ii) **Topic**
Speaker
- iii) **Topic**
Speaker
- iv) **Panel Discussion**

MAIN SYMPOSIUM 4B**THEME : ADVANCES IN THE UNDERSTANDING OF GUT MICROBIOTA**

Chairman:

- i) **Gut Microbiota on Metabolic Health and Disease: What and How**
Emeritus Professor Augusto D. Litonjua, *PHILIPPINES*
- ii) **Modulating Gut Microbiome: Diet and Drugs**
Professor Dato' Goh Khean Lee, *University Malaya Medical Centre*
- iii) **Enough Evidence to Prevent/ Treat Diabetes by Altering Gut Microbiota**
Professor Samir Naim Assaad, *EGYPT*
- iv) *Sponsored by Servier (M) Sdn Bhd*
Topic
Speaker
- v) **Panel Discussion**

MAIN SYMPOSIUM 4C*Slot for Sponsor*

Chairman:

- i) **Topic**
Speaker

ii) **Topic**
Speaker

iii) **Topic**
Speaker

iv) **Panel Discussion**

1215 - 1315

LUNCH SYMPOSIUM 3

Sponsored by Servier (M) Sdn Bhd

Chairman:

TOPIC

Speaker :

1315 - 1400

LUNCH

1400 - 1530

Concurrent Main Symposium 5

MAIN SYMPOSIUM 5A

Slot for Sponsor

THEME :

Chairman:

i) **Topic**
Speaker

ii) **Topic**
Speaker

iii) **Topic**
Speaker

iv) **Panel Discussion**

MAIN SYMPOSIUM 5B

THEME : MORE ON SGLT2i

Chairman:

i) **SGLT2 Inhibition and Cardiovascular Disease**
Professor Lesley V. Campbell, *AUSTRALIA*

ii) **Use of SGLT2i in Patients with Impaired Renal Function: Safe?**
Local speaker (from AP Lim Soo Kun)

iii) **Combining SGLT2i and SGLT1i: Better?**
Professor Luc Van Gaal, *BELGIUM*

iv) **Panel Discussion**

MAIN SYMPOSIUM 5C

THEME : DIABETES IN CHILDREN

Chairman:

i) **Treatment of Obesity and Type 2 Diabetes in Children**
Associate Professor Muhammad Yazid Jalaludin, *University Malaya Medical Centre*

ii) **Practical Use of Glucose Sensors and Insulin Pumps in 2018: How Useful?**
Professor Richard Donnelly, *UNITED KINGDOM*

iii) **Is There Any Role for SGLT2i or GLP-1 RA in Type 1 Diabetes?**
Professor Richard Donnelly, *UNITED KINGDOM*

iv) **Panel Discussion**

1530 - 1600

TEA BREAK

1600 - 1645

PLENARY 7

Chairman:

THE UNMET NEEDS OF MANAGING T2DM: CAN WE DO BETTER?

Speaker : Professor Harold E. Lebovitz, *USA*

1645 - 1730

Concurrent Meet the Professor 3**MEET THE PROFESSOR 3A**

Chairman :

ENHANCING NURSES' ROLES IN DIABETES CAREResource Person : Professor Lesley V. Campbell, *AUSTRALIA***MEET THE PROFESSOR 3B**

Chairman :

PREVENTING DIABETES: SHARED RESPONSIBILITIESResource Person : Professor Samir Naim Assaad, *EGYPT***** END OF DAY 3 ******DAY 4 - JULY 29, 2018 (SUNDAY)**

0815 - 0900

PLENARY 8

Chairman:

BALANCING BENEFITS AND RISKS OF DIABETES THERAPIESSpeaker : Professor Lesley V. Campbell, *AUSTRALIA*

0900 - 0945

PLENARY 9

Chairman:

THE BORDERLINE BLOOD GLUCOSE (IFG/IGT): SCOPE OF PROBLEM, IMPLICATIONS AND MANAGEMENTSpeaker : Professor Ronald Ching Wan Ma, *HONG KONG*

0945 - 1015

COFFEE BREAK

1015 - 1215

Concurrent Main Symposium 6**MAIN SYMPOSIUM 6A****THEME : FIGHTING CLINICAL INERTIA**

Chairman:

- i) **Clinical Inertia: How to Overcome Barriers to Early Treatment Intensification**
Professor Bilal Younis, *PAKISTAN*
- ii) **Enabling Patients to Accept Insulin Injections: Practical Approach**
Professor Norlela Sukor, *Universiti Kebangsaan Malaysia Medical Centre*
- iii) **Motivational Interviewing**
Ms. Lee Ching Li, *International Medical University*
- iv) **Panel Discussion**

MAIN SYMPOSIUM 6B**THEME : ASSOCIATED DISEASES**

Chairman:

- i) **Hypertension in Diabetics: What is the Target Now?**
Professor Abdul Rashid Abdul Rahman, *An-Nur Specialist Hospital*
- ii) **Anti-Hyperglycaemic Drugs for Weight Control**
Local Speaker
- iii) **Hypoglycaemia: Marker or Cause of Cardiovascular Mortality?**
Professor Harold E. Lebovitz, *USA*
- iv) **Panel Discussion**

1215 - 1315

FREE PAPER PRESENTATIONS AWARDING CEREMONY

- **BEST ORAL PRESENTATION AWARD**
- **BEST POSTER PRESENTATION AWARD**
- **PROF MUSTAFFA YOUNG INVESTIGATORS' AWARD**

1315 - 1400

LUNCH & CLOSE

JUDGING PANELS

Chief: Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia (confirmed)*

Date/Time: **July 26, 2018 (Thursday) 1400 - 1530**

Section: Prof Mustaffa Young Investigators' Award

- 1) Professor Dato' Mafauzy Mohamed, *Hospital Universiti Sains Malaysia (Head)*
- 2) Senior Professor Khalid Haji Yusoff, *UCSI University*
- 3) Professor Eberhard Standl, *GERMANY*
- 4) Professor Timothy Davis, *AUSTRALIA*

Date/Time: **July 26 & 27, 2018 (Thursday & Friday) 1530 - 1600**

Section: Best Poster Presentation Award

- 1) Dr. G. R. Letchuman, *Hospital Raja Permaisuri Bainun (Head)*
- 2) Dr. Zanariah Hussein, *Hospital Putrajaya*
- 3) Professor Samir Naim Assaad, *EGYPT*
- 4) Associate Professor Sompongse Suwanwalaikorn, *THAILAND*

Date/Time: **July 26, 2018 (Thursday) 1400 - 1530**

Section: Best Oral Presentation Award

- 1) Professor Dato' Ikram Shah Ismail, *University Malaya Medical Centre (Head)*
- 2) Professor Dato' Wan Mohamad Wan Bebakar, *Hospital Universiti Sains Malaysia*
- 3) Professor Bilal Younis, *PAKISTAN*
- 4) Professor Luc Van Gaal, *BELGIUM*