

**COURSE PROGRAMME**  
**'NADI Advocate for General Practitioners'**  
**Diabetes Course**  
**August 21 - 22, 2021**

**DAY 1 – August 21, 2021 (Saturday)**

0745 - 0825 **REGISTRATION**

0825 - 0830 **Briefing of Course Outline**

0830 - 0930 **Presentation/Diagnosis/Principle of Management**

- i) **Type 1** (10 min + 5 min Q&A)  
Speaker: Dr. Ng Ooi Chuan, *UPM*
- ii) **Type 2** (20 min + 10 min Q&A)  
Speaker: Professor Norlaila Mustafa, *UKMMC*
- iii) **Type 3 Diabetes**  
(10 min + 5 min Q&A)  
Speaker: Dr. G R Letchuman, *MUM*

0930 - 1000 **Sponsored lecture: DKSH**

**Management of Uncontrolled Diabetes: Challenges and Opportunities**

Speaker: Professor Rohana Abdul Ghani, *UiTM*

1000 - 1030 **Sponsored lecture: P&G Health**

**Diabetic peripheral neuropathy: A Primary Care Approach**

Speaker: Professor Norlela Bt Sukor, *UKMMC*

1030 - 1100 **BREAK (Visit Virtual Booths)**

1100 - 1230 **Case Discussions**

**Chairman:** Professor Norlaila Mustafa, *UKMMC*

**Panel(s):** Professor Dato' Mafauzy Mohamed, *HUSM*

Associate Professor Wan Mohd Izani Wan Mohamed, *USM*

Dr. G R Letchuman, *MUM*

Dr. Ng Ooi Chuan, *UPM*

Ms. Poh Kai Ling, *UMMC*

**Case #1:** **Sponsored by P&G Health**

**Diagnosis of Diabetic Peripheral Neuropathy: Case Study 1**

(30min +15min discussion)

Presenter: Dr. Fu Liong Hiew, *SMC*

**Case #2:** **Sponsored by P&G Health**

**Diagnosis of Diabetic Peripheral Neuropathy: Case Study 2**

(30min +15min discussion)

Presenter: Dr. Fu Liong Hiew, *SMC*

1230 - 1330 **LUNCH**

1330 - 1430 **Medications (Types/Indications/Uses)**

- i) **Oral** (20 min + 10 min Q&A)  
Speaker: Professor Norlaila Mustafa, *UKMMC*
- ii) **Injectables (Insulins/GLP1-As)** (20 min + 10 min Q&A)

Speaker: Dr. Ng Ooi Chuan, *UPM*

1430 - 1500 **Sponsored lecture : Duopharma Biotech Berhad**  
**100 Years of Insulin – Ensuring Equitable Access with Biosimilars**  
Speaker: Dr. Radhakrishna Sothiratnam, *Columbia Asia Seremban*

1500 - 1530 **BREAK (Signing CPD & Visit Virtual Booths)**

1530 - 1700 **Case Discussions**

**Chairman:** Professor Dato' Mafauzy Mohamed, *HUSM*

**Panel(s):** Professor Norlaila Mustafa, *UKMMC*

Associate Professor Wan Mohd Izani Wan Mohamed, *USM*

Dr. G R Letchuman, *MUM*

Dr. Ng Ooi Chuan, *UPM*

Ms. Poh Kai Ling, *UMMC*

**Case #3:** **Sponsored by Duopharma Biotech Berhad**

**Switching and Initiating Insulin**

(30min +15min discussion)

Presenter: Dr. Radhakrishna Sothiratnam, *Columbia Asia Seremban*

**Case #4:** **Sponsored by Duopharma Biotech Berhad**

**Fine Tuning – Dose Adjustment and Intensification**

(30min +15min discussion)

Presenter: Dr. Radhakrishna Sothiratnam, *Columbia Asia Seremban*

1700 - 1730 **Assessment 1**

Facilitators: Professor Dr. Norlaila Mustafa, *UKMMC*

Emeritus Professor Dato' Mustaffa Embong, *NADI*

1730 **END OF DAY 1**

**\*\* END OF DAY 1 \*\***

**DAY 2 – August 22, 2021 (Sunday)**

0800 - 0830 **REGISTRATION**

0830 - 0930 **Outpatient Management of Type 2**

- i) **Assessment and Treatment at Diagnosis** (20 min + 10 min Q&A)  
Speaker: Associate Professor Wan Mohd Izani Wan Mohamed, *USM*
- ii) **Assessment and Treatment at Follow-up** (20 min + 10 min Q&A)  
Speaker: Professor Dato' Mafauzy Mohamed, *HUSM*

0930 - 1000 **Dietary Management of Diabetes** (20 min + 10 min Q&A)  
Speaker: Ms. Poh Kai Ling, *UMMC*

1000 - 1030 **Sponsored lecture: Novo Nordisk Pharma (M)**  
**Patient journey: From insulin Naïve to Insulin Experienced**  
Speaker: Dr. Chooi Kheng Chiew, *KPJ Ampang Hospital*

1030 - 1100 **BREAK (Visit Virtual Booths)**

1100 - 1230 **Case Discussions**

**Chairman:** Emeritus Professor Dato' Mustaffa Embong, *NADI*

**Panel(s):** Professor Dato' Mafauzy Mohamed, *HUSM*  
Professor Norlaila Mustafa, *UKMMC*  
Associate Professor Wan Mohd Izani Wan Mohamed, *USM*  
Dr. G R Letchuman, *MUM*  
Dr. Ng Ooi Chuan, *UPM*  
Ms. Poh Kai Ling, *UMMC*

**Case #5:** **Sponsored by Novo Nordisk Pharma (M)**  
**Patient Journey 1: Insulin Naïve**  
(30min +15min discussion)  
Presenter: Dr. Chooi Kheng Chiew, *KPJ Ampang Hospital*

**Case #6** **Sponsored by Novo Nordisk Pharma (M)**  
**Patient Journey 2: Insulin Experienced**  
(30min +15min discussion)  
Presenter: Dr. Chooi Kheng Chiew, *KPJ Ampang Hospital*

1230 - 1330 **LUNCH**

1330 - 1400 **Assessment of Complications** (20 min + 10 min Q&A)  
Speaker: Dr. Ng Ooi Chuan, *UPM*

1400 - 1430 **Monitoring and Targets** (20 min + 10 min Q&A)  
Speaker: Professor Dato' Mafauzy Mohamed, *HUSM*

1430 - 1500 **Sponsored lecture: Zuellig Pharma**  
**Title**  
Speaker:

1500 - 1530 **BREAK (Signing CPD & Visit Virtual Booths)**

1530 – 1600 Gestational Diabetes (20 min + 10 min Q&A)  
Speaker: Associate Professor Wan Mohd Izani Wan Mohamed, *USM*

1600 - 1715 **Case Discussions**

**Chairman:** Emeritus Professor Dato' Mustaffa Embong, *NADI*

**Panel(s):** Professor Dato' Mafauzy Mohamed, *HUSM*

Professor Norlaila Mustafa, *UKMMC*

Associate Professor Wan Mohd Izani Wan Mohamed, *USM*

Dr. G R Letchuman, *MUM*

Dr. Ng Ooi Chuan, *UPM*

Ms. Poh Kai Ling, *UMMC*

**Case #7:** *Sponsored by Zuellig Pharma*

(30 min + 15 min Q&A)

Presenter:

**Case #8: Middle Age Patient with Uncontrolled Diabetes despite High Doses of Insulin** (15 min + 15 min Q&A)

Presenter: Dr. G R Letchuman, *MUM*

1715 - 1745 **Assessment 2**

Facilitators: Professor Dato' Mafauzy Mohamed, *HUSM*

Emeritus Professor Dato' Mustaffa Embong, *NADI*

1745 **END OF COURSE**

*\* subject to change*

- **Certificate of Attendance will be awarded at the end of the Course**
- **Based on the assessment results, participants will be informed (by email and/or Whatsapp) if they are eligible to participate in a programme for accreditation as 'NADI Advocate'.**

**\*\* END OF REGIONAL DIABETES COURSE \*\***