

**SCIENTIFIC PROGRAMME**  
**16<sup>th</sup> CPD: "Diabetes Asia 2017" Conference**  
**October 12-15, 2017**

**DAY 1 - OCTOBER 12, 2017 (THURSDAY)**

0700 - 0815     **REGISTRATION**

0815 - 0900     **PLENARY 1**

Chairman: Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute (confirmed)*

**TARGETING 1-HOUR POST-MEAL GLUCOSE: IS IT TIME FOR A PARADIGM CHANGE IN DIABETES MANAGEMENT?**

Speaker :

0900 - 0945     **PLENARY 2**

Chairman: Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia*

**FGF21, DIABETES AND DIABETIC COMPLICATIONS: CLINICAL PERSPECTIVE**

Speaker : Professor Karen Siu Ling Lam, *HONG KONG (confirmed)*

0945 - 1015     **COFFEE BREAK**

1015 - 1215     ***Concurrent Main Symposium 1***

**MAIN SYMPOSIUM 1A**

**THEME : METFORMIN IN THE SPOTLIGHT**

Chairman: Professor Dato' Mafauzy Mohamed, *Hospital Universiti Sains Malaysia*

- i)     **Metformin: The First-line Therapy for T2DM**  
Dr. Zanariah Hussein, *Putrajaya Hospital*
- ii)    **Use of Metformin in Patients with End-organ Failure: Safe?**  
Professor Samir Naim Assaad, *EGYPT*
- iii)   **Non-Glycaemic Effects of Metformin**  
Professor John M. Miles, *USA (confirmed)*
- iv)    **Panel Discussion**

**MAIN SYMPOSIUM 1B**

**THEME : A STAGE OF PREDIABETES**

Chairman: Professor Dato' Wan Mohamad Wan Bebakar, *Hospital Universiti Sains Malaysia*

- i)     **IFG and IGT: Different Pathologies, Different Implications?**  
Dr. Foo Siew Hui, *Selayang Hospital (confirmed)*
- ii)    **Prediabetes: Is It Worth Screening For?**  
Professor Elizabeth Paz Pacheco, *PHILIPPINES*
- iii)   **Pharmacological Treatment of Prediabetes: Does It Have Any Benefit?**  
Professor Sutin Sriussadaporn, *THAILAND*
- iv)    **Panel Discussion**

**MAIN SYMPOSIUM 1C**

**THEME : COMBINATION THERAPY IN THE MANAGEMENT OF T2DM**

Chairman: Professor Amir Sharifuddin Mohd Khir, *Penang Medical College*

- i)     **Oral and Oral**  
Associate Professor Norlaila Mustafa, *Universiti Kebangsaan Malaysia Medical Centre*
- ii)    **Oral Plus Injectable**  
Professor Saeed A. Mahar, *PAKISTAN (confirmed)*
- iii)   **Injectable with Injectable**  
Professor Paolo Pozzilli, *ITALY*
- iv)    **Panel Discussion**

1215 – 1315 **Concurrent Lunch Symposium 1****LUNCH SYMPOSIUM 1A***Sponsored by Pfizer (Malaysia) Sdn Bhd*

Chairman:

**TOPIC**

Speaker :

**LUNCH SYMPOSIUM 1B***Slot for sale*

Chairman:

**TOPIC**

Speaker :

1315 – 1400

**LUNCH**

1400 - 1530

**Concurrent Experts' Case Discussions and Free Paper Presentations****EXPERTS' CASE DISCUSSION 1**Chairman: Professor Amir Sharifuddin Mohd Khir, *Penang Medical College***A PATIENT WITH METABOLIC SYNDROME**Presenter: Dr. Norhayati Yahaya, *Hospital Raja Zainab II (confirmed)*

- Panel:
- i. Associate Professor Rohana Abdul Ghani, *Universiti Teknologi MARA*
  - ii. Dr. Zanariah Hussein, *Putrajaya Hospital*
  - iii. Dr. Vijay Ananda Paramasvaran, *Pantai Hospital Kuala Lumpur*
  - iv. Professor Karen Siu Ling Lam, *HONG KONG*

**EXPERTS' CASE DISCUSSION 2**Chairman: Associate Professor Muhammad Yazid Jalaludin, *University Malaya Medical Centre***AN ADOLESCENT WITH TYPE 1 DIABETES**Presenter: Dr. Azriyanti Anuar Zaini, *University Malaya Medical Centre*

- Panel:
- i. Professor Wu Loo Ling, *Universiti Kebangsaan Malaysia Medical Centre*
  - ii. Associate Professor Rahmah Rasat, *Universiti Kebangsaan Malaysia Medical Centre*
  - iii. Dr. Janet Hong Yeow Hua, *Putrajaya Hospital*
  - iv. Professor Paolo Pozzilli, *ITALY*

**EXPERTS' CASE DISCUSSION 3**Chairman: Dr. Wong Ming, *Sunway Medical Centre***A DIABETIC REFERRED AS OHA FAILURE**Presenter: Dr. Gunavathy Muthusamy, *Shah Alam Hospital*

- Panel:
- i. Professor Dato' Wan Mohamad Wan Bebakar, *Hospital Universiti Sains Malaysia*
  - ii. Dr. Mastura Ismail, *Klinik Kesihatan Seremban 2*
  - iii. Dr. Nor Azizah Aziz, *Pulau Pinang Hospital*
  - iv. Professor Mark E. Cooper, *AUSTRALIA*

**Free Paper Presentations***(Details refer to 'Abstracts Free Paper Presentation')*

1530 – 1600

TEA BREAK

1600 – 1645

**PLENARY 3**Chairman: Professor Dato' Ikram Shah Ismail, *University Malaya Medical Centre***DIABETES IN MALAYSIA: WHAT'S WRONG WITH OUR DIET, LIFESTYLE AND BEHAVIOUR?**Speaker : Datuk Dr. Nor Hisham Abdullah, *Ministry of Health Malaysia*

1645 - 1730

**Concurrent Meet the Professor 1****MEET THE PROFESSOR 1A**Chairman : Professor Dato' Sivalingam Nalliah, *International Medical University***TOPIC**Resource Person : Professor Richard Donnelly, *UNITED KINGDOM***MEET THE PROFESSOR 1B**Chairman : Professor Wu Loo Ling, *Universiti Kebangsaan Malaysia Medical Centre***MANAGING TYPE 1 DIABETES IN CHILDREN AND ADOLESCENTS**

Resource Person :

**\*\* END OF DAY 1 \*\***

**DAY 2 - OCTOBER 13, 2017 (FRIDAY)**0715 – 0815 **REGISTRATION**0815 – 0900 **PLENARY 4**Chairman: Professor Dato' Mafauzy Mohamed, *Hospital Universiti Sains Malaysia***THE NEWER INJECTABLES IN DIABETES MANAGEMENT: EFFICACY, COST AND BENEFITS**Speaker : Professor Mark E. Cooper, *AUSTRALIA*0900 - 0945 **SPECIAL LECTURE 1***Sponsored by CCM Pharmaceuticals (M) Sdn Bhd*

Chairman:

**TOPIC**

Speaker:

0945 – 1015 **COFFEE BREAK**1015 - 1215 **Concurrent Main Symposium 2****MAIN SYMPOSIUM 2A****THEME : ADVANCES IN DIABETIC COMPLICATIONS MANAGEMENT**Chairman: Professor Dato' Wan Mohamad Wan Bebakar, *Hospital Universiti Sains Malaysia*

- i) **Therapy of Diabetic Neuropathy: Can We Do Better?**  
Professor Dato' Raymond Azman Ali, *Univrsiti Kebangsaan Malaysia Medical Centre*
- ii) **Non-Alcoholic Fatty Liver Disease in Diabetic Patients: Challenges and Opportunities**  
Professor Karen Siu Ling Lam, *HONG KONG (confirmed)*
- iii) **Diabetic Nephropathy - New Targets, New Therapies**  
Professor Lee-Ming Chuang, *TAIWAN*
- iv) **Panel Discussion**

**MAIN SYMPOSIUM 2B***Sponsored by Meda Healthcare Sdn Bhd***THEME :**

Chairman:

- i) **Topic**  
Speaker
- ii) **Topic**  
Speaker
- iii) **Panel Discussion**

**MAIN SYMPOSIUM 2C***Slot for sale***THEME :**

Chairman:

- i) **Topic**  
Speaker
- ii) **Topic**  
Speaker
- iii) **Panel Discussion**

1215 – 1315 **LUNCH SYMPOSIUM 2***Sponsored by Pfizer (Malaysia) Sdn Bhd*

Chairman:

**TOPIC**

Speaker :

1315 – 1400 **LUNCH**

**MAIN SYMPOSIUM 3A****THEME : DIABETES AND CANCER**Chairman: Associate Professor Rohana Abdul Ghani, *Universiti Teknologi MARA*

- i) **Increased Risk of Cancer in People with Diabetes: The Pathophysiology**  
Professor Dato' Mafauzy Mohamed, *Hospital Universiti Sains Malaysia*
- ii) **Cancer Risk of OHAs**  
Professor Samir Naim Assaad, *EGYPT*
- iii) **Artificial Insulins and Other Injectables: Do They Cause Cancer?**  
Professor Lee-Ming Chuang, *TAIWAN*
- iv) **Panel Discussion**

**MAIN SYMPOSIUM 3B***Sponsored by Merck Sharp & Dohme (Malaysia) Sdn Bhd***THEME :**

Chairman:

- i) **Topic**  
Speaker
- ii) **Topic**  
Speaker
- iii) **Panel Discussion**

**MAIN SYMPOSIUM 3C****THEME : UPDATE OF BARIATRIC/ METABOLIC SURGERY**Chairman: Dr. Nor Azizah Aziz, *Penang General Hospital*

- i) **The Many Ways Bariatric Surgery Improves Glycaemia**  
Dr. G. R. Letchuman, *Hospital Raja Permaisuri Bainun*
- ii) **How Successful is Metabolic Surgery in the Prevention and Treatment of Diabetes?**  
Professor Sutin Sriussadaporn, *THAILAND*
- iii) **Should Indications for Bariatric Surgery Be More Liberal?**  
Professor Richard Donnelly, *UNITED KINGDOM (confirmed)*
- iv) **Panel Discussion**

1530 – 1600

**TEA BREAK**

1600 – 1645

**PLENARY 5**Chairman: Professor Wu Loo Ling, *Universiti Kebangsaan Malaysia Medical Centre***NEW HORIZONS FOR TREATMENT OF TYPE 1 DIABETES**Speaker : Professor Paolo Pozzilli, *ITALY*

1645 - 1730

**Concurrent Meet the Professor 2****MEET THE PROFESSOR 2A**Chairman : Dr. G. R. Letchuman, *Hospital Raja Permaisuri Bainun***STRATEGIES TO HAVE PATIENTS MORE COMPLIANT TO TREATMENT**Resource Person : Professor Karen Siu Ling Lam, *HONG KONG***MEET THE PROFESSOR 2B**Chairman : Professor Dato' Ikram Shah Ismail, *University Malaya Medical Centre***INITIATION AND INTENSIFICATION OF INSULIN THERAPY**Resource Person : Professor John M. Miles, *USA (confirmed)*

1800 - 1900

**DINNER SYMPOSIUM***Subject to confirmation*

Chairman:

- i) **Topic**  
Speaker

- ii) **Topic**  
Speaker

**\*\* END OF DAY 2 \*\***

**DAY - OCTOBER 14, 2017 (SATURDAY)**

0730 - 0815 **REGISTRATION**

0815 - 0900 **PLENARY 6**

Chairman: Professor Nor Azmi Kamaruddin, *Universiti Kebangsaan Malaysia Medical Centre*

**DEVELOPMENTS IN GLP-1 THERAPY: BEYOND TREATING TYPE 2 DIABETES**

Speaker : Professor Richard Donnelly, *UNITED KINGDOM (confirmed)*

0900 - 0945 **SPECIAL LECTURE 2**

*Sponsored by TAISHO HOE Pharmaceuticals*

Chairman:

**TOPIC**

Speaker :

0945 - 1015 **COFFEE BREAK**

1015 - 1215 ***Concurrent Main Symposium 4***

**MAIN SYMPOSIUM 4A**

**THEME : EXPERIENCE IN DIABETES MANAGEMENT ACROSS COUNTRIES**

Chairman: Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia*

- i) **Experience from Korea**  
Professor Kyung Mook Choi, *SOUTH KOREA (confirmed)*
- ii) **Experience from Pakistan**  
Professor Saeed A. Mahar, *PAKISTAN (confirmed)*
- iii) **Experience from Egypt**  
Professor Samir Naim Assaad, *EGYPT*
- iv) *Sponsored by TAISHO HOE Pharmaceuticals*  
**Topic**  
Speaker
- v) **Panel Discussion**

**MAIN SYMPOSIUM 4B**

*Sponsored by Boehringer Ingelheim (Malaysia) Sdn Bhd*

**THEME :**

Chairman:

- i) **Topic**  
Speaker
- ii) **Topic**  
Speaker
- iii) **Topic**  
Speaker
- iv) **Panel Discussion**

**MAIN SYMPOSIUM 4C**

*Sponsored by Zuellig Pharma Sdn Bhd*

Chairman:

- i) **Topic**  
Speaker
- ii) **Topic**  
Speaker
- iii) **Panel Discussion**

1215 - 1315

**LUNCH SYMPOSIUM 3***Sponsored by Servier Malaysia Sdn Bhd*

Chairman:

**TOPIC**

Speaker : Speaker

1315 - 1400

**LUNCH**

1400 - 1530

**Concurrent Main Symposium 5****MAIN SYMPOSIUM 5A****THEME : IMPROVING DIABETES CARE: ROLES OF HEALTH PROFESSIONALS**Chairman: Dr. G. R. Letchuman, *Hospital Raja Permaisuri Bainun*

- i) **Diabetes Educator Services**
- ii) **Nursing Care in Diabetes**  
*Professor Sutin Sriussadaporn, THAILAND*
- iii) **Role of Pharmacists in Providing DMTAC**  
*Puan Noraini Mohamad, Ministry of Health Malaysia*
- iv) *Sponsored by BP Healthcare Group*  
**Topic**  
Speaker
- v) **Panel Discussion**

**MAIN SYMPOSIUM 5B***Sponsored by AstraZeneca Sdn Bhd***THEME :**

Chairman:

- i) **Topic**  
Speaker
- ii) **Topic**  
Speaker
- iii) **Panel Discussion**

**MAIN SYMPOSIUM 5C****THEME : HYPERTENSION AND HYPERLIPIDAEMIA IN DIABETES**Chairman: Professor Dato' Khalid Haji Yusoff, *UCSI University (confirmed)*

- i) **PCSK9 Inhibitors: New Hope for Patients with Diabetes Mellitus?**  
*Professor John M. Miles, USA (confirmed)*
- ii) **Blood Pressure Targets in Diabetes Post-SPRINT: The Same or Different?**  
*Professor Abdul Rashid Abdul Rahman, An-Nur Specialist Hospital*
- iii) **CV Risk in Diabetics: Strategies to Further Improve Outcome**  
*Professor Mark E. Cooper, AUSTRALIA (confirmed)*
- iv) *Sponsored by Servier Malaysia Sdn Bhd*  
**Managing Diabetes and Hypertension with the Right Combinations**  
Speaker
- v) **Panel Discussion**

1530 - 1600

**TEA BREAK**

1600 - 1645

**PLENARY 7**Chairman: Professor Norlela Sukor, *Universiti Kebangsaan Malaysia Medical Centre***THE IMPACT OF ORGANOKINES (ADIPOKINES, MYOKINES AND HEPATOKINES) ON DIABETES AND ATHEROSCLEROSIS**Speaker : Professor Kyung Mook Choi, *SOUTH KOREA (confirmed)*

1645 - 1730

**Concurrent Meet the Professor 3****MEET THE PROFESSOR 3A**Chairman : Professor Wu Loo Ling, *Universiti Kebangsaan Malaysia Medical Centre***PRESCRIBING INSULIN PUMP**Resource Person : Professor Paolo Pozzilli, *ITALY***MEET THE PROFESSOR 3B**Chairman : Dr. Nor Azizah Aziz, *Penang General Hospital***CHOOSING OHAs: WHICH, FOR WHOM**Resource Person : Professor Mark E. Cooper, *AUSTRALIA (confirmed)***\*\* END OF DAY 3 \*\*****DAY 4 - OCTOBER 15, 2017 (SUNDAY)**

0815 – 0900

**PLENARY 8**Chairman: Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia***ADVANCES IN CONTINUOUS GLUCOSE DELIVERY AND MONITORING**Speaker : Professor John M. Miles, *USA (confirmed)*

0900 - 0945

**PLENARY 9**Chairman: Dr. G. R. Letchuman, *Hospital Raja Permaisuri Bainun***ADVANCES IN DIABETES DRUG DEVELOPMENT**Speaker : Professor Elizabeth Paz Pacheco, *PHILIPPINES*

0945 - 1015

**COFFEE BREAK**

1015 - 1215

**Concurrent Main Symposium 6****MAIN SYMPOSIUM 6A****THEME : CVOTs OF DIABETES MEDICATIONS**Chairman: Professor Dato' Mafauzy Mohamed, *Hospital Universiti Sains Malaysia*

- i) **DPP4-Is (SAVOR-TIMI 53, EXAMINE and TECOS)**  
Professor Nor Azmi Kamaruddin, *Universiti Kebangsaan Malaysia Medical Centre*
- ii) **SGLT2-Is (EMPA-REG OUTCOME and CANVAS)**
- iii) **GLP1-RAs (LEADER, ELIXA and SUSTAIN-6)**
- iv) **Panel Discussion**

**MAIN SYMPOSIUM 6B****THEME : NON-PHARMACEUTICAL THERAPY: DIET AND EXERCISE**Chairman: Professor Winnie Chee Siew Swee, *International Medical University*

- i) **Low GI and Low GL Foods: Should These Be Recommended for People with Diabetes?**  
Professor Elizabeth Paz Pacheco, *PHILIPPINES*
- ii) **Diabetes Diet Counselling: Simple Tips for Primary Care Physicians**  
Datin Farah DiBa Khan, *Prince Court Medical Centre*
- iii) **Exercise for Older Patients with Diabetes**
- iv) **Panel Discussion**

1215 - 1315

**FREE PAPER PRESENTATIONS AWARDING CEREMONY**

- **BEST ORAL PRESENTATION AWARD**
- **BEST POSTER PRESENTATION AWARD**
- **PROF MUSTAFFA YOUNG INVESTIGATORS' AWARD**

1315 - 1400

**LUNCH & CLOSE**

**JUDGING PANELS****Chief: Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia***Date/Time: **October 12, 2017 (Thursday) 1400 - 1530****Section: Prof Mustaffa Young Investigators' Award**

- 1) Professor Dato' Mafauzy Mohamed, *Hospital Universiti Sains Malaysia (Head)*
- 2) Professor Dato' Ikram Shah Ismail, *University Malaya Medical Centre*
- 3) Professor Norlela Sukor, *Universiti Kebangsaan Malaysia Medical Centre*
- 4) Professor Richard Donnelly, *UNITED KINGDOM*

Date/Time: **October 12 & 13, 2017 (Thursday & Friday) 1530 - 1600****Section: Best Poster Presentation Award**

- 1) Professor Abdul Rashid Abdul Rahman, *An-Nur Specialist Hospital (Head)*
- 2) Professor Dato' Khalid Haji Yusoff, *UCSI University (confirmed)*
- 3) Professor Nor Azmi Kamaruddin, *Universiti Kebangsaan Malaysia Medical Centre*
- 4) Professor Samir Naim Assaad, *EGYPT*

Date/Time: **October 12, 2017 (Thursday) 1400 - 1530****Section: Best Oral Presentation Award**

- 1) Dr. G. R. Letchuman, *Hospital Raja Permaisuri Bainun (Head)*
- 2) Datuk Dr. Mohamed Badrulnizam Long Bidin, *Kuala Lumpur Hospital*
- 3) Associate Professor Alexander Tan Tong Boon, *University Malaya Medical Centre*
- 4) Professor John M. Miles, *USA*