

# FINAL ANNOUNCEMENT

16th Continuing Professional Development (CPD) Series:

Organised by

**NADI** NATIONAL  
DIABETES  
INSTITUTE

CENTRE OF EXCELLENCE-DEDICATED TO DIABETICS

Endorsed by



Ministry of Health Malaysia



# 'Diabetes Asia 2017' Conference

**October 12 - 15, 2017**

Hotel Istana

73 Jalan Raja Chulan

Kuala Lumpur, Malaysia



Platinum Sponsor



Secretariat 'DIABETES ASIA 2017' Conference

**National Diabetes Institute (NADI)**

No. 1 Jalan SS 3/50, 47300 Petaling Jaya, Selangor, MALAYSIA

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# *NADI Continuing Professional Development Series*

Prevalence of diabetes mellitus, especially of Type 2, is on the increase. This rise is most marked in developing countries, Malaysia included. Thus, there is an urgent need for strategies to prevent this 'epidemic' and for early diagnosis of diabetes. Beyond these, there is need for ensuring optimal management of the disease, its complications and associated diseases.

To help address these issues, the National Diabetes Institute (NADI) of Malaysia, organises the Continuing Professional Development (CPD) Series annually since its inception in 2002.

In 2008, this CPD was expanded as 'Diabetes Asia' Conference (DAC) to emphasise the uniqueness of diabetes presentation and management in Asians.

## *Objectives of the Conference*

The Continuing Professional Development (CPD) Series as "Diabetes Asia 2017" Conference aim to help improve management of diabetes with emphasis on recent advances and practical aspects of diabetes care. Participants are expected to be able to:

- appreciate recent advances and practical aspects of diabetes care
- understand ways of ensuring early diagnosis and optimal management for good control of diabetes, its complications and associated diseases
- apply knowledge gained during the Conference to further improve care for persons with diabetes in the community

## *Who Should Attend*

Healthcare professionals responsible for managing people with diabetes including:

- Medical and Surgical Specialists
- General Physicians and Surgeons
- Primary Care Physicians
- General Practitioners
- Medical and Health Officers
- Trainee Lecturers
- Pharmacists
- Nutritionists and Dietitians
- Researchers (Clinical & Basic Sciences) in Diabetes
- Other healthcare professionals involved in diabetes care

### **CONFERENCE AWARDS (CASH PRIZES)**

#### **"PROFESSOR MUSTAFFA Young Investigators' Awards" for Free Paper Presentation**

- Best Award : RM5,000/-  
+ Challenge Trophy**
- Second Award : RM2,000/-**
- Third Award : RM1,000/-**

The winners of "Professor Mustaffa Young Investigators' Awards" will also receive full sponsorship (registration fee + hotel accommodation & local mileage/travel) by Servier Malaysia Sdn Bhd for DAC 2018

#### **Best Oral Presentation Awards**

- Best Award : RM2,000/-**
- Second Award : RM1,000/-**
- Third Award : RM750/-**

(Papers submitted for "Professor Mustaffa Young Investigators' Awards" shall not be considered for these awards)

#### **Best Poster Presentation Awards**

- Best Award : RM1,500/-**
- Second Award : RM750/-**
- Third Award : RM500/-**

(Papers submitted for "Professor Mustaffa Young Investigators' Awards" shall not be considered for these awards)

**A Certificate of Award will also be presented to the winners.  
THE JUDGES' DECISION IS FINAL. No further correspondence is allowed**



The "Diabetes Asia 2017" Conference will emphasise on **recent advances** in the understanding and care of diabetes, its complications and related diseases.

## Organising Committee

### Patron

YABhg. Tun Dr. Mahathir Mohamad

### Advisor

Professor Dato' Anuar Zaini Md. Zain

### Chairman

Emeritus Professor Dato' Mustaffa Embong

### Secretary

Dato' Dr. Nor 'Aini Abu Bakar

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Ms. Rosmawati Yusoff

### Secretariat

Dato' Dr. Nor 'Aini Abu Bakar (Chairperson)

Ms. Azizah Mohd Noor

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## Sub Committees

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Professor Dato' Mafauzy Mohamed (Chairman)

Professor Dato' Wan Mohamad Wan Bebakar

Professor Amir Sharifuddin Mohd Khir

Professor Nor Azmi Kamaruddin

Dr. G. R. Letchuman

Dr. Zanariah Hussein

### Sabah & Sarawak Representative

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### Fund Raising & Exhibition

Ms. Melissa Zaiton

### Audiovisual

Mr. Kamarulzaman Othman (Audiovisual)

Mr. Zamri Husain (Video & Photography)

### Conference Coordinator

Ms. Amelia Zuber

## International Advisory Board

Emeritus Professor Augusto D. Litonjua, *Philippines*

Emeritus Professor Clive S. Cockram, *Hong Kong*

Emeritus Professor Morsi Arab, *Egypt*

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Professor Luc Van Gaal, *Belgium*

Professor Philip Home, *United Kingdom*

Professor Thep Himathongkam, *Thailand*

Professor Timothy Davis, *Australia*

Professor Xu Zhang Rong, *China*

## Invited Conference Speakers/Chairpersons\*

### International Faculty:



- 1. Professor Antonio Ceriello** *(Confirmed)*  
Head, Research Department on Diabetes & CVD  
Inst. of Biomedical Research August Pi i Sunyer (IDIBAPS)  
**Spain**



- 7. Professor Kyung Mook Choi** *(Confirmed)*  
Professor, Chief of Division,  
Endocrinology and Metabolism, Korea University  
**Korea**



- 2. Professor Ashok Kumar Das**  
Professor of Medicine  
Pondicherry Institute of Medical Sciences  
**India**



- 8. Professor Lee-Ming Chuang** *(Confirmed)*  
Professor of the Department of Internal Medicine  
National Taiwan University Medical College  
**Taiwan**



- 3. Professor Elizabeth Paz Pacheco** *(Confirmed)*  
Professor, University of the Philippines  
College of Medicine  
**Philippines**



- 9. Professor Mark Cooper** *(Confirmed)*  
Professor of Diabetes (Research)  
Head of the Department of Diabetes, Monash University  
**Australia**



- 4. Professor Inass Shaltout**  
Professor of Internal Medicine & Diabetes  
Cairo University  
**Egypt**



- 10. Professor Paolo Pozzilli** *(Confirmed)*  
Professor at Department of Endocrinology and Diabetes  
University Campus Bio-Medico of Rome  
**Italy**



- 5. Professor John M. Miles** *(Confirmed)*  
Professor of Medicine  
Endocrine Research Unit, Mayo Clinic  
**USA**



- 11. Professor Richard Donnelly** *(Confirmed)*  
Clinical Professor School of Medicine,  
University of Nottingham, Royal Derby Hospital Centre  
**United Kingdom**



- 6. Professor Karen Siu Ling Lam** *(Confirmed)*  
Professor (Clinical)  
Li Ka Shing Faculty of Medicine University of Hong Kong  
**Hong Kong**



- 12. Associate Professor Michelle Jong**  
Senior Endocrinologist  
Tan Tock Seng Hospital  
**Singapore**

\*Subject to change

**The International Faculty is complemented by more than 40 local experts in diabetes and related fields**

## Conference Outline\*

12 October 2017			13 October 2017			14 October 2017			15 October 2017	
THURSDAY			FRIDAY			SATURDAY			SUNDAY	
(0700–0815) <b>REGISTRATION</b>			(0730–0815) <b>REGISTRATION</b>			(0730–0815) <b>REGISTRATION</b>				
(0815–0900) Plenary 1			(0815–0900) Plenary 4			(0815–0900) Plenary 6			(0815–0900) Plenary 8	
(0900–0945) Plenary 2			(0900–0945) Special Lecture 1 [Sponsored by CCM Pharmaceutical]			(0900–0945) Special Lecture 2 [Sponsored by TAISHO HOE Pharmaceuticals]			(0900–0945) Plenary 9	
<b>Coffee Break (0945–1015)</b>										
(1015–1215)			(1015–1215)			(1015–1215)			(1015–1215)	
Main Symposium 1A	Main Symposium 1B	Main Symposium 1C	Main Symposium 2A	**Main Symposium 2B	**Main Symposium 2C	Main Symposium 4A	Main Symposium 4B [Sponsored by Boehringer Ingelheim]	**Main Symposium 4C	Main Symposium 6A	Main Symposium 6B
(1215–1315)			(1215–1315)			(1215–1315)			(1215–1315) "Free Paper Presentations Awarding Ceremony" - Professor Mustaffa Young Investigators' - Oral - Poster	
Lunch Symposium 1A [Sponsored by Pfizer]		**Lunch Symposium 1B	Lunch Symposium 2 [Sponsored by Pfizer]		Friday Prayers	Lunch Symposium 3 [Sponsored for Servier]				
<b>Lunch (1315–1400)</b>										
(1400–1530)			(1400–1530)			(1400–1530)			End of Conference	
Experts' Case Discussion			Main Symposium 3A	**Main Symposium 3B	Main Symposium 3C	Main Symposium 5A	Main Symposium 5B [Sponsored by Astra Zeneca]	Main Symposium 5C		
1      2      3										
Free Paper Presentations										
1      2										
<b>Tea Break (1530–1600)</b>										
(1600–1645) Plenary 3			(1600–1645) Plenary 5			(1600–1645) Plenary 7				
(1645–1730)			(1645–1730)			(1645–1730)				
Meet-the-Professor 1A		Meet-the-Professor 1B	Meet-the-Professor 2A		Meet-the-Professor 2B	Meet-the-Professor 3A		Meet-the-Professor 3B		
			(1900–2100) **Dinner Symposium							

\*Subject to change \*\* Slots available for Sponsors

## Scientific Programme\*

### Plenary Topics:

1. Targeting 1-hour Post-meal Glucose: Is It Time for a Paradigm Change in Diabetes Management?
2. Management of Diabetic Patients with Non-alcoholic Fatty Liver Disease: Challenges and Opportunities
3. The Impact of Organokines (Adipokines, Myokines and Hepatokines) on Diabetes and Atherosclerosis
4. New Horizons for Treatment of Type 1 Diabetes
5. Developments in GLP-1 Therapy: Beyond Treating Type 2 Diabetes
6. Advances in Diabetes Drug Development
7. The Newer Injectables in Diabetes Management: Efficacy, Cost and Benefits
8. Advances in Continuous Glucose Delivery and Monitoring
9. Diabetes in Malaysia: What's Wrong with Our Diet, Lifestyle and Behaviour?

### Free paper presentation

Free paper presentation is open for all aspects of (clinical and basic science) research relating to diabetes, its complications and co-morbidities.

Participants are encouraged to submit free papers for **oral or poster presentation**. Please refer to the attached paper "Call for Free Paper Abstracts" for instruction. **Closing date for free paper abstract submission is August 1, 2017**

Free paper presentation will be judged for either the "Professor Mustaffa Young Investigators' Awards", "Best Oral Presentation Awards" or "Best Poster Presentation Awards". An awarding ceremony will be held at the end of the Conference.

### "PROFESSOR MUSTAFFA YOUNG INVESTIGATORS' AWARDS"

Participants are invited for "PROFESSOR MUSTAFFA YOUNG INVESTIGATORS' AWARDS" which is open to those accepted for **oral presentation** with the following criteria \*\*:

1. Age 35 years or less (at the time of submission)
2. Main researcher (> 60% contribution) of an original research for the paper to be presented
3. First author and must be a registered participant
4. First author shall present the paper again at the awarding ceremony (when applicable)

\*\*Please fill-in the **Declaration Form**.

# Symposium Themes/Topics include:

## MAIN SYMPOSIUM 1

### Theme: Update of Bariatric/Metabolic Surgery

- Topic:**
1. The Many Ways Bariatric Surgery Improves Glycaemia
  2. How Successful is Metabolic Surgery in the Prevention and Treatment of Diabetes?
  3. Should Indications for Bariatric Surgery be More Liberal?

## MAIN SYMPOSIUM 2

### Theme: CVOTs of Diabetes Medications

(Introduction: Why CVOT for Diabetes Drugs)

- Topic:**
1. DPP4-Is (SAVOR-TIMI 53, EXAMINE and TECOS)
  2. SGLT2-Is (EMPA-REG OUTCOME and CANVAS)
  3. GLP1-RAs (LEADER, ELIXA and SUSTAIN-6)

## MAIN SYMPOSIUM 3

### Theme: Metformin in the Spotlight

- Topic:**
1. Metformin: The First-line Therapy for T2DM
  2. Use of Metformin in Patients with End-organ Failure: Safe?
  3. Potential of Metformin Use Beyond Diabetes

## MAIN SYMPOSIUM 4

### Theme: Non-pharmaceutical Therapy: Diet and Exercise

- Topic:**
1. Low GI and Low GL Foods: Should These Be Recommended for People with Diabetes?
  2. Diabetes Diet Counselling: Simple Tips for Primary Care Physicians
  3. Exercise for Older Patients with Diabetes

## MAIN SYMPOSIUM 5

### Theme: Managing Diabetes in Children

- Topic:**
1. Clinical Practice Guidelines in the Management of Type 1 Diabetic Patients
  2. Diabetes in the Very Young: Types and Management
  3. Managing Children with Diabetes: Challenges and Solutions

## MAIN SYMPOSIUM 6

### Theme: Combination Therapy in the Management of T2DM

- Topic:**
1. Oral and Oral
  2. Oral Plus Injectable
  3. Injectable with Injectable

## MAIN SYMPOSIUM 7

### Theme: Diabetes in the Communities

- Topic:**
1. Support Program for People with Diabetes in the Community: Experience from Hong Kong
  2. Strategies to Create Diabetes Awareness to the Public
  3. Managing Diabetes in Urban and Sub-urban Communities in Malaysia

## MAIN SYMPOSIUM 8

### Theme: Diabetes and Cancer

- Topic:**
1. Increased Risk of Cancer in People with Diabetes: The Pathophysiology
  2. Artificial Insulins and Other Injectables: Do They Cause Cancer?
  3. Cancer Risk of OHAs

## MAIN SYMPOSIUM 9

### Theme: Improving Diabetes Care: Roles of Health Professionals

- Topic:**
1. Diabetes Educator Services
  2. Nursing Care in Diabetes
  3. Role of Pharmacists in Providing DMTAC

## MAIN SYMPOSIUM 10

### Theme: Experience in Diabetes Management Across Countries

- Topic:**
1. Experience from Korea
  2. Experience from Philippines
  3. Experience from Egypt

## MAIN SYMPOSIUM 11

### Theme: Nutrition and Diabetes Prevention

- Topic:**
1. Mediterranean Diet: The Role of Vegetables, Oils and Legumes
  2. Low Carb Diet for Diabetes Prevention
  3. Pro- and Prebiotics: Altering Gut Microbiota – Reducing Risk to Diabetes?

## MAIN SYMPOSIUM 12

### Theme: A Stage of Prediabetes

- Topic:**
1. IFG and IGT: Different Pathologies, Different Implications?
  2. Prediabetes: Is It Worth Screening For?
  3. Pharmacological Treatment of Prediabetes: Does it Have Any Benefit?

## MAIN SYMPOSIUM 13

### Theme: Complementary Medicines in Diabetes

- Topic:**
1. Food Supplements for Persons with Diabetes
  2. Artificial Sweetener in DM: Good or Bad?
  3. Role of Vitamin D in Diabetes

## MAIN SYMPOSIUM 14

### Theme: Advances in Diabetic Complications Management

- Topic:**
1. Therapy of Diabetic Neuropathy: Can We Do Better?
  2. FGF21 Analogues in the Treatment of Diabetes and Its Complications
  3. Diabetic Nephropathy – New Targets, New Therapies

## MAIN SYMPOSIUM 15

### Theme: Hypertension and Hyperlipidaemia in Diabetes

- Topic:**
1. PCSK9 Inhibitors: New Hope for Patients with Diabetes Mellitus?
  2. Blood Pressure Targets in Diabetes Post-SPRINT: The Same or Different?
  3. CV Risk in Diabetics: Strategies to Further Improve Outcome

## MAIN SYMPOSIUM 16

### Theme: Innovations in In-Patient Management

- Topic:**
1. Self-administration of Insulin in Hospital: The Pros and Cons
  2. Inpatient Insulin Therapy: Technology and Innovations
  3. Alternative Management of DKA: IV or SC; In- or Outpatient

*\*Subject to change*

## Experts' Case Discussion

1. A Patient with Metabolic Syndrome
2. An Adolescent with Type 1 Diabetes
3. A Diabetic Referred as OHA Failure

## Meet-The-Professor

1. Initiation and Intensification of Insulin Therapy
2. Managing Diabetes in Pregnancy
3. Prescribing Insulin Pump
4. Choosing OHAs: Which, for Whom
5. Strategies to Have Patients More Compliant to Treatment
6. Managing Type 1 Diabetes in Children and Adolescents

## Sponsored Sessions by

1. Servier Malaysia Sdn Bhd
2. TAISHO HOE Pharmaceuticals
3. CCM Pharmaceutical
4. Pfizer (Malaysia) Sdn Bhd
5. AstraZeneca Sdn Bhd
6. Boehringer Ingelheim (M) Sdn Bhd

# Registration & Fees

Registration form is enclosed with this **FINAL ANNOUNCEMENT**. Completed form must be returned with the registration fee to the Secretariat of the **'Diabetes Asia 2017' Conference** by mail or fax.

Registration fee covers admission to all NADI 'Diabetes Asia 2017' Conference sessions and trade exhibition, conference bag, identification tag and printed materials, Conference lunches and tea/coffee breaks. The fees are as follows:

## Local Delegates (subsidised rates)

REGISTRATION	Conference Fee*	GST** (6%)	Total Payable	Please Tick
Early Bird Registration (before August 31, 2017)	RM830	RM49.80	RM879.80	
AFTER August 31, 2017	RM930	RM55.80	RM985.80	

## International Delegates

REGISTRATION		Please Tick
Early Bird Registration (before August 31, 2017)	USD500	
AFTER August 31, 2017	USD600	

\*Subsidised rates \*\*GST (Goods and Services Tax)

**Please register early to enjoy "Early Bird" discount for registration.**

Registration fee should be made payable to: **National Diabetes Institute**. Please refer to the instruction on payment.

## Accommodation

Special room rates have been arranged for the conference participants from October 12 – 15, 2017 at the following hotels:

- Hotel Istana (Conference Venue)
- Grand Millennium Hotel Kuala Lumpur
- Pullman Kuala Lumpur City Centre Hotel & Residences
- Novotel Kuala Lumpur City Centre
- Alpha Genesis Hotel
- Hotel Soleil
- Holiday Inn Express Kuala Lumpur City Centre

Participants are advised to reserve their hotel accommodation early, **DIRECTLY** with the hotel of their choice. **Please specify that you wish to book as a participant of the National Diabetes Institute 'Diabetes Asia 2017' Conference in order to qualify for the special rates offered. Please refer to the accompanying leaflet for details.**

### Disclaimer:

The National Diabetes Institute and its agents are not to be held responsible for any change in the terms or conditions of the hotel accommodation.

**For further Information and Updates regarding the 'Diabetes Asia 2017' Conference, please contact:**

The Secretariat (Attention: Ms. Rosmawati / Ms. Azizah / Ms. Amelia / Ms. Su'aidah)

### National Diabetes Institute (NADI)

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**or visit our website:**

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## About the National Diabetes Institute (NADI)

The National Diabetes Institute (NADI) is established to provide a dedicated and comprehensive service for people with diabetes, to prevent and control diabetes, its complications and associated diseases.

NADI is a **non-profit, Non-Governmental Organisation (NGO)** managed by a Board of Trustees, comprising of Founding and Elected members and representatives from the Malaysian Endocrine and Metabolic Society (MEMS), Diabetes Malaysia (DM) and Ministry of Health (MOH), Malaysia with our former Prime Minister YABhg. Tun Dr. Mahathir Mohamad as Patron.

### The main objectives of NADI are:

- to prevent diabetes and associated cardiometabolic conditions such as high blood pressure, high blood cholesterol and heart disease through promotion of healthy lifestyle
- to be a National Diabetes Education Resource Centre for the country
- to establish and run a comprehensive health facility including a National Diabetes Hospital for the management of diabetes and its complications
- to create and maintain a National Diabetes Registry
- to coordinate and conduct research in diabetes and related conditions
- to be the national coordinating centre for diabetes in Malaysia in respect to statistics, education, management, research, policy and planning on diabetes and associated diseases



### NADI Office:

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